


SUPER
LIFE
Secret Codes

The SECRET to

Blessing



MASTER TED SUN



*Opening up your heart to receive
the abundant blessings from the Universe
and truly apply these secret codes
to connect with the many extraordinary
opportunities in life.*

- by Master Ted Sun -





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Author's Forward

The Secret to Blessing

Over the years, tens of thousands of miraculous stories from readers all over the world have proven that the “Super Life Secret Codes” system really works. It is the most comprehensive system in the twentieth first century, that not only change people’s lives and enlighten their minds, but it also can help people connect with the Universe. In the world of blessing, there is so much amazing power providing invisible blessing data to bring abundance to people’s lives. Once we have been blessed and have prospered, sending blessings to others will be a win-win to our-selves, others, and the world.

Many people know the meaning of blessing but do not apply it. Blessing can bring prosperity and unprecedented results, furthermore, it can also help people achieve their goals and eliminate regrets. So many people all over the world have experimented and found out the power of blessing is unbelievable, that is why we should adjust our

men-tality, promptly take action, and fully integrate blessing into our daily lives to create real abundance.

“The Secret to Blessing” is a very important book that brings benefits and surprises to our society and the world. Once we have experienced the positive changes, do not forget to actively share the book with the people around us. The sooner we can share the book with others, the sooner we can have harmony in the world.

When people understand and become confident about the concepts in this book, they will be able to share their hap-piness and success with others. One day they will be re-warded by the Universe, and the guardian angels will reso-nate with them making our world a heavenly earth. Let's give our best efforts to spread this abundant love!

—Master Ted Sun

Nevada State, USA



The SECRET to

Blessing

TABLE OF CONTENTS

AUTHOR'S FORWARD

The Secret to Blessing

2

|01| BLESSING IS THE MODERN-DAY REMEDY FOR

6

DISASTERS

|02| THE FORCE OF BLESSING TRAVELS AROUND

9

THE EARTH

|03| THE ENERGY OF BLESSING CAN MAKE THE

11

“GOOD SEEDS” GROW AND THRIVE

|04| THE GIFT FOR SHARING ABOUT BLESSING IS DOUBLING THE BLESSINGS.

13

|05| BLESSING IS AN EARTH TRANSFORMATION PROJECT

17

|06| RESTORING ENERGY IN THE WORLD WITH OUR BEST EFFORT

19

|07| CREATING POSITIVE ENERGY THROUGH BLESSING WITH A COLLABORATIVE EFFORT

22

|08| IMPLEMENTING THE “ACT OF BLESSING”

24

PROGRAM STARTS FROM OURSELVES

|09| COMPLYING TO THE UNIVERSE AND SENDING GENUINE BLESSINGS

26

|10| THE SECRET TO BLESSING IS A SINCERE AND GENUINE HEART

28

|11| IMPROVING THE SKILL OF BLESSING BY DILIGENT PRACTICE 30

|12| RESTORING HUMAN KINDNESS WILL BRING PEACE AND HARMONY TO THE WORLD 32

|13| MAKING “BLESSING OTHERS BRINGS INSTANT BLESSINGS” A REALITY 33

|14| BLESSING IS THE OASIS IN DESERT 35

|15| THE SINCERE GENUINE BLESSING IS THE SUPREME TANTRA WAY OF THE UNIVERSE 38

|16| GRASPING THE OPPORTUNITY OF PARTICIPATION OF THE EARTH TRANSFORMATION PROJECT. 40

|17| IMPLEMENTING THE “ACT OF BLESSING” PROGRAM IS THE GRACE FROM THE UNIVERSE 41

|18| REVIVING GOOD TIMES OF BLESSING IS OUR RESPONSIBILITY 42

|19| LETTING GO OF PREJUDICE AND UNDERTAKING THE “MISSION OF THE UNIVERSE” 44

|20| BLESSING BY ALL PEOPLE CAN MELT AWAY FROZEN ICE 46

ABOUT THE AUTHOR 50
ABOUT SUPER LIFE SECRET CODES 54

ABOUT RICHEST LIFE 55



The SECRET to

Blessing

|01|

Blessing is the modern-day remedy for disasters

The world is facing chaos, filled with terrible news and traumatic natural disasters and as we look into the future, there are many more potential problems and disasters.

Whether they are going to happen or not depends on if the human mind can change from bad to good and quickly embrace and practice “genuine blessing,” these are the remedies for disasters.

People in the world want a peaceful life and wish for life to get back to harmony, so “world peace” should not just be a slogan. Over the years many major religious leaders proposed various solutions, however they are not working.

Therefore, the Super Life Secret Codes System proposes the “Act of Blessing” program to bring everyone in the world together and send blessings with a genuine heart.

The resonance of blessing ourselves, our families, all people, objects, events, animal, plants, and the whole world,

creates a tremendous amount of positive energy and can stop the global problems and transform Earth to a better place.

The “Act of Blessing” program is very easy. When we are practicing “Super Life Secret Codes Steps 1 2 3,” we simply communicate with the Universe and Sun that we are willing to make a positive impact to our community, country, and society and to serve the “Mission of the Universe.”

With the positioning from all people, the Universe can see the sincere hearts and wishes and will be willing to slow down the execution of natural disasters. There are more lost people than people with clarity in the world. Most people only care about themselves regardless of religious influence. So how effective is it to educate people about virtue now?

What is important is whether we can help everyone change their mind from bad to good by blessing our families, all people, objects, events, animals, plants, and even living and non-living things, before it is too late.

Don't wait until it is too late, and the world is almost



The SECRET to

Blessing

destroyed, to feel regret!

We must remember Master Ted Sun's teaching,
“blessing others brings instant blessings.”

Blessings from everyone in the world can generate a
great energy field and positive energy cycle to improve our
world.

Although everyone wants to have good outcomes in
life, many people still haggle over every penny and don't
bless or wish others well, so society becomes very cold and
utilitarian.

People are distanced and feel that they have to watch
out for others taking advantage of them, this creates anxiety
and drains massive amounts of energy from people.

In the process of pursuing success and happiness, if
we wait quietly for the opportunities to arrive, we become
passive and then realize that it is less likely to achieve our
goal, so we must take the initiative.

First, we need to gain enough positive energy and practice “love out and love in, sending blessings and receiving blessings,” this is how we generate an endless amount of blessings for ourselves, and with love we can be reborn.

|02| The force of a blessing travels around the Earth

Do you feel helpless because working hard to pursue your dreams doesn't bring you success in life?

The main reason for facing many challenges is because people's energy level hasn't caught up, so there is a deficiency. The best way to gain energy is to practice blessing and the two secret codes, “love and gratitude” every moment.

When giving blessings, receiving blessings, and benefiting by blessings, there will be no worries and fears from challenges. As long as we embrace the importance of “blessing” and do experiments, our energy level will keep



The SECRET to

Blessing

increasing and our life will be better and smoother.

When helping people, also remind ourselves to send blessings from the bottom of our heart. We are the source of the positive energy cycle. The energy from our blessings will leave an incredible imprint on Earth to create positive events and help people receive the blessings.

Blessing is based on action and reaction and over time the blessings emitted by us spreads to every corner of the world and returns to us bringing us even more bliss.

Once we receive the abundance from the Universe, amazing things happen, our life improves, and then we must share this great joy to as many people as we can regardless of race, gender, or nationality, so that abundance will keep coming.

After understanding the secret to “blessing,” we must seize the time and opportunity to practice and send genuine blessings to all people, events, and objects every second of every day.

Practicing blessing every moment with our genuine heart, so our blessings don't become just an idea but are real actions and bring us effective and positive changes in life.

|03|

The energy of blessing can make the “Good Seeds” grow and thrive

When we first bless others, we feel hypocritical and fake due to lack of practice. It is awkward at first, but please don't worry. Over time with practice, our mind and action will mesh, and we be able to bless others with a genuine heart. This is where acting becomes reality.

When people feel the energy from our genuine blessings, this energy becomes a positive cycle and will bring us a smoother and better life. Also many great opportunities and good luck will knock on our door, and we will be convinced and amazed by how much happiness genuine blessings can bring us.

Since the Universe is willing to bless us, we must



The SECRET to

Blessing

embrace and seize this opportunity and send blessings to as many people as we can.

The true meaning of being blessed by the Universe is for us to become the source of blessing, meaning a beneficiary and a blesser. We must let more people know about the Super Life Secret Codes system, because it is the fast track to abundance in the 21st century.

This fast track to abundance allows people to move forward in life with bliss and helps people bring back balance, prosperity, and harmony to the world.

These days the world is full of malice, hatred, doubt and selfishness. If we can convert hate to blessing and awaken people's kindness with blessings, the world will be a wonderful place again.

Everyone has a "good seed" in heart, however it is covered by the materialistic world and has been forgotten.

Everyday we work like a machine and have no time to nourish our heart, so the seed can't grow and thrive.

At this moment, with all the genuine blessings, we are going to take on a very important role, one that irrigates, nourishes, and thrives from the blissful energy to become a giant tree to protect and benefit the next generation.

|04|

The gift for sharing about blessing is doubling the blessings.

A simple and genuine blessing can bring us great blessings. Let's vigorously share this with our friends and families.

When we share with people about the goodwill of the Universe, they will see the importance of blessing and will be willing to give it a try. Isn't this a good deed? When you and I are blessed, everyone is blessed.

With all the people full of smiles and the whole world filled with blessings, this creates an atmosphere of good virtue, where everyone is prosperous.



The SECRET to

Blessing

These days our society is filled with problems from all levels. People are living in an uneasy environment bringing us many negative effects, so our body, mind, and soul are not in sync and our energy is not balanced. Maintaining a good attitude and mood creates a positive energy cycle, which is a source for fortune. On the other hand, constant sadness, worries, and uneasiness will cause drainage in energy and attracts negative outcomes in life.

If we are looking for good things, we must comply and resonate with the Universe to receive blessings, and then our life can change, good luck will come, and fortune will follow endlessly.

Let's think, why does Master Ted Sun keep reminding us to "comply to the Universe"? Because by doing so will create a smooth and long-term path for our life now and in the future.

If we are willing to open our mind to follow Master Ted Sun's teachings, our future will be bright and wonderful. Let's remember, we must practice and not just talk about it, because too much talking and not enough actual doing

will destroy momentum and we won't be able to get to our destiny.

Master Ted Sun has always reminded us to comply to the Universe and continuously work hard. If not, all the teachings will be wasted and we will end up with no positive results.

If we are buried by the hustle and bustle in life, we will be too busy dealing with the problems and not have enough time to remember the teachings and methods taught by Master Ted Sun, causing the precious affinity to fade away.

Besides learning and practicing, we must see results and share these results with others to help build confidence in learning, or else we will be spinning our wheels.

How do we see results? "Experimenting" in life to detect our mindset in all situations. When facing annoying situations in our daily life, this is a good opportunity to detect and see how well we handle it. Our daily life result is our report card and the grades don't lie.



The SECRET to

Blessing

To improve our report card, we must start with practicing blessing others to receive blessings. Once we have learned, we then share the benefits with people. At the end, we become the best beneficiary of all the blessings and feel more confident than ever.

When we resonate with the Universe, we establish a good relationship with the Universe, then we will receive blessings from the Universe, and many good opportunities will be knocking on our door. Everyone should embrace this precious affinity.

No matter where we are, we will display the Super Life Secret Codes charisma and give our best efforts in what we do to open up our pathway to an abundant life.

At every major world tour, lecture or workshop of Master Ted Sun's, tens of thousands of people have attended and are moved by the success of the events, and that success is because of the collaborative effort of all people. However, let's not forget that all of these come from the blessings of the Universe.

|05|

Blessing is an Earth transformation project

In the past, Master Ted Sun has mentioned about the “life transformation project.” Base on our current situation, Earth transformation is an urgent matter.

In the world, everything comes from energy. When there is a sufficient amount of energy, everything is peaceful and harmonious. As time goes by, the human mind and society have gotten worse and the energy field on Earth has lost its balance and reached an intolerable breaking point. At any given time, everything on Earth can be completely destroyed.

Scientists think that the ice melting in Antarctica is due to “global warming,” however it is actually caused by the “imbalance of energy.” If the ice in Antarctica melts completely, this indicates that the energy field on the planet is in complete chaos. Our wishes for a wonderful future will not be granted and we can only accept the detrimental and devastating ending.



The SECRET to

Blessing

Looking at the effect to analyze the cause, if humans want to stop the devastating disasters and avoid a hopeless future, everyone has to embed the concept of “self help, people help, and cosmic help.”

Having this mindset can help us generate positive energy, and the first thing we must do is to practice “blessing every moment,” because blessing others every moment brings us blessings every moment.

Without “blessing others brings instant blessings,” our peaceful and harmonious life may be slipping away. If we lack the resonance of positive energy, the outcome is negative.

Master Ted Sun reminds us again and again of the importance of blessing, because energy balance is extremely crucial. However if people are indifferent about it and add greed, ego, and vanity to the mix, the major chaos and disasters will be in our face. By then we will not be able to determine what is the source of the problems.

Humans are constantly creating agony. Agony messes up the mind. When the mind is not at peace, everything is

out of order, therefore Earth is facing such huge changes.

Scientists have said that if global warming cannot be relieved and the ocean temperature increases by one or two degrees, many major cities will be buried under water, including the East Coast in the United States, Taiwan, Malaysia, Singapore and more.

We have to recognize the source of the problems create failure and negative resonance which are very difficult to fix and will eventually lead us to self-destruction.

Once we see the cause and effect of the problems, we can no longer sit around and just talk, instead we need to take action to make Earth a better place with a better future.

|06| Restoring energy in the world with our best effort

When we look at what is missing in our world, as far back as decades and centuries ago, there has been a lot of



The SECRET to

Blessing

energy lost that created a severe energy gap.

To try and quickly fix the problems, we are challenged, because the severe energy gap causes deficiency, so the negative energy keeps accumulating which accelerates the speed of destruction. To reverse the situation, we must start with bringing back energy.

What is the best solution for severely imbalanced energy? After analyzing and experimenting, “Blessing” is the most effective remedy. Here is why, when we are in the resonance of blessing, our energy can be uplifted a lot easier, and our energy can affect the environment which makes our dream for a peaceful world an achievable goal.

“Implementing” blessing is the key to receive positive energy from blessing. Implementing blessing will help us resonate with the Universe to increase positive energy and create an invisible protective shield. When we are benefited from blessing and at the same time sending blessings to others, there will be even more blessings returning to us.

If we want to grasp this wisdom of a “self-protection

remedy” to better ourselves, we must send many blessings out and immerse ourselves in the blessing energy. Therefore, all the blessings will return to us and we will have the greatest blessings.

In this way, our wise decision actually brings us the greatest rewards of blessing. When we realize how wonderful blessing is, we will vigorously invite more people to try.

The mission for the Super Life Secret Codes system is “resonating in love, connecting with gratitude, and elevating in blessing.” Besides blessing ourselves, we want to bless others with abundance, so that everyone blesses all people, events, and objects to generate harmony in order to restore and repair the broken parts and fill the severe energy gap.

If we can balance the energy on Earth, this will be a blessing to all.



The SECRET to

Blessing

|07|

Creating positive energy through blessing with a collaborative effort

During the restoring process, if the positive energy doesn't increase but decreases, the result will be worrisome. Therefore, to make sure the energy runs abundantly, we must act now and not wait for another five years or ten years.

To protect, enrich, and fulfill ourselves, we must work hard towards our vision and actively send blessings from our genuine heart to all people, events, and objects. And only with our genuine blessings, will the returned energy be beneficial to us.

Our world will be a better place with blessings everywhere and more people will be blissful and happy. The mutual blessings then become a wonderful and heavenly shared phenomenon.

To create a phenomenon like this, all people must collaborate to bless and generate enough positive energy regardless of nationality, region, age or gender. When there

is a sufficient amount of positive energy to cover the whole Earth, we will have peace and harmony.

There are many people who have already participated in the “Act of Blessing” program. However, there are still a lot of places under turbulence, so during the process some of the energy will be consumed by the existing negative energy.

Therefore, we must generate sufficient amount of positive energy to exceed the negative and stay balanced.

The world is big. The effort by one person or one country is too weak, but if all of the countries in the world are participating and everyone does their best, the world will have a chance.

Think about the cause and effect of “I scratch your back and you scratch mine.” If we can implement it with perseverance, we will see results.



The SECRET to

Blessing

|08|

Implementing the “Act of Blessing” program starts from ourselves

The original purpose of blessing is to help ourselves, because by sending blessings out we will receive blessings in return.

With a collaborative effort, everyone practices blessing every moment and wishing everyone a good outcome in everything. No matter how much merits we have at the moment, we must practice “creating” and “blessing” diligently.

As result, we will receive endless rewards as we keep sending blessings.

If everyone understands the importance of “creating” and “blessing,” they will be willing to take on the responsibility of blessing, because this will help us generate positive energy rapidly. Once energy increases, abundance will naturally arise, good luck will follow, and world peace will be right around the corner.

Once we start promoting the events and programs of

the Super Life Secret Codes system, we will see that it is like igniting a car's engine, the car has full energy and can run for miles and miles. The Super Life Secret Codes system is extremely important to all of us. Sharing it with people at this moment in time is our best opportunity to help people understand the benefits of blessing so that people are willing to "emit energy." Emitting blissful energy is what's needed for Earth.

When Earth continuously assimilates blessings, the chance of restoring its peace and harmony is more likely to happen.

Blessing has to be implemented by us first. Because we are blessed, we want to share with people about blessing. When implementing the "Act of Blessing" program, people in the world will be blessed and blessings will restore peace from destruction.



The SECRET to

Blessing

|09|

Complying to the Universe and sending genuine blessings

Why does a country invade another country? Because their land is barren and no food can be grown, so people try to invade and plunder other's. Have we ever thought about why the land is barren and people can't harvest? Perhaps there is lack of positive energy? When there is a sufficient amount of energy, the land and soil will change and crops will grow.

Humans often don't have the correct answers and yet believe that logic and judgement are always right. Little do they know that the truth of the Universe is always working, many things are "not impossible" and the key is whether they can get and apply the truth of the Universe to convert scarcity to abundance.

When we have abundance, we naturally will not feel cynical towards life. On the other hand, when we have scarcity of resources, turmoil and chaos or even war are likely to happen.

Due to barren land and a lack of natural resources like oil, people invade other countries. As for oil, oil drilling for the petroleum industry is a big deal. However, the Universe can easily dispatch energy for oil anywhere, in a split second.

Before the science can prove this theory, people will call it a story or fiction.

Master Ted Sun wants everyone in the world to know that what we don't know or think is impossible doesn't mean that they don't exist. Everything is energy and energy is a blessing from the Universe. Only if we have the blessings from the Universe, can we receive positive energy, otherwise it is impossible and we are wasting our time.

Now we understand that everything comes from energy. If we wish for a peaceful world without sadness and losses, everyone must have strong energy and that is how we can make our world peaceful.

Based on that, we must share the “Super Life Secret Codes” book with people quickly to make up the deficiency.

We need to practice “Super Life Secret Codes steps 1 2 3”



The SECRET to

Blessing

to build a solid learning foundation and share the “Act of Blessing” everywhere in the world.

|10| The secret to blessing is a sincere and genuine heart

To resonate with the Universe and receive blessings from the Universe, we have to implement the “Act of Blessing” program and apply the Super Life Secret Codes system. Once we have abundance and prosperity in life, we will not be cynical.

In the world, there are countries running conspiring operations and executing vicious political policies. These premeditated plans have affected the world for decades and centuries. Nevertheless, if the energy on Earth is balanced, natural disasters will not happen, everyone will have abundance, everything will be peaceful and harmonious, and everyone will not have the desire to overpower, manipulate, and take advantage of others.

To get there, we must believe that the Super Life Secret Codes system can save all humans, therefore we need to create “blessings” and continuously send them to all people.

The secret to blessing is at its root. Genuine blessings are blissful, but vain or insincere blessings emit empty energy due to a dysfunctional mindset. Empty energy has no substance to bless, so it is a waste.

Once we understand the secret to blessing is being genuine, we need to self-reflect and evaluate our blessing, so we can adjust and improve.

People don't like to be disappointed with emptiness or get less than others, because people tend to think for themselves and don't have the mentality of “I scratch your back and you scratch mine,” so implementing the “Act of Blessing” program is challenging for some people.

Implementing the “Act of Blessing” program from everyone will generate enough energy to save us and Earth. The energy input creates a tremendous amount of resonance and connects and combines our energy together. Energy



The SECRET to

Blessing

works as one plus one is greater than a hundred, a thousand, or even infinity.

Once we implement the “Act of Blessing” program, it is going to be the best blessing from the Universe.

[11]

Improving the skill of blessing by diligent practice

The most challenging part of things is at the beginning.

If we can overcome this challenge and implement blessings together, once things are going in a positive direction, we will discover that Earth has transformed to the land of peace and suddenly everyone is happy.

Isn't this the vision that humans have been wishing for? Let's motivate ourselves to do an experiment for the “Act of Blessing” program wholeheartedly. This is a small world. The affinity we have with the Super Life Secret Codes system and Master Ted Sun is not coincidental, it is meant to be and is a blessing from the Universe, so we must realize it.

As we do more experiments, we will have experimental and scientific proof. Humans have many achievements that don't necessarily come from our abilities, education, or experiences, however the key is whether we can resonate with the Universe, receive blessings from the Universe, and download information from the Universe, which will determine if we can quickly achieve success in life.

The blessing energy by all people is equivalent to a generator powered by people. The stronger the resonance the stronger the energy to make our world a happier place.

We do not want to repeat the same pattern of waking up in the morning, feeling pressure and stress, or having difficulty breathing. If we do, overtime we feel numbed and loose sense of joy in life.

By sending blessings, we are able to release the pressure from our mind, body and soul and gain the strength and courage to deal with our life and world. If everyone can do that, all the people on Earth will be blessed and the energy field of Earth will be transformed.



The SECRET to

Blessing

If everyone has developed a good skill in blessing and continuously being blessed, humans will discover that abundance and bliss are around us.

[12]

Restoring human kindness will bring peace and harmony to the world

When blessings are going around, we will see hope in the world. Once we are on the right path, we will gradually see the proof of how incredible blessings are.

When making connections with the Universe, the level of connection between the Universe and us depends on the magnitude of the force, it is like a mirror reflecting whatever is in front of it. Therefore, we should not be vain towards sending blessings.

Understanding the importance of blessing and applying it diligently to life, so that we and other people can resonate with the Universe. Whether we invite others or the Universe

invites us, as long as we are willing to work together, our future will definitely improve.

By sending blessings, Earth will become more and more prosperous and peaceful and will gradually go back to its right track, furthermore many of the problems will be corrected.

World peace suddenly becomes a reality and a blessing for all humans.

Regardless of race or nationality, as long as everyone implements the “Act of Blessing” program to send blessings every moment, the blessing energy becomes sufficient and all the good things will naturally happen, so Earth will start to prosper and bring peace and harmony.

[13]

Making “blessing others brings instant blessings” a reality

All the previous analogies are to help people understand the importance of blessing that is not only to benefit ourselves but to bring peace and harmony to our future environment,



The SECRET to

Blessing

Earth, and the whole Universe.

Keeping Earth balanced is a task which all humans must complete together.

Energy doesn't only affect Earth, it also affects the human mind and behaviors. When energy is balanced, humans will be back to optimism and kindness.

In our society, a majority of people are pessimistic, since our society is filled with negative commentary and a lack of positive light and energy, it means the world is heading towards a hopeless future.

Being a Super Life Secret Codes member, we must have courage to take on responsibility. Regardless of language, we want to actively share “blessing others brings instant blessings” to implement the “Act of Blessing” program.

Every one of the Super Life Secret Codes members is a spoke person and a broadcaster sent by the Universe must share the importance of blessing along with the Super Life Secret Codes book to the world.

The foundation of sharing depends on whether we have complied to the teachings. If we don't practice and implement, we will be frustrated when sharing with people due to a lack of experiments and proof, so it will be hard to convince others.

We must master our practice and show people proof and positive results, so that people can confidently decide and see that this is the correct path.

|14| Blessing is the oasis in desert

Implementing the “Act of Blessing” program must occur every moment in life. Whether it is a computer, cellphone or talking to someone, the key is that our heart has to be in sync, so the blessings are delivered by words but are coming from our soul. However, if our heart is not there and the blessings are vain, the energy will be false which will make sharing a real challenge and the program will be incomplete.

After understanding the key to blessing, we should



The SECRET to

Blessing

not hold back or be stingy with blessing. In fact we want all people and things in our surroundings including the visible and invisible, to feel moved and resonate with us. The resonance stems from our genuine blessings that creates a great positive vibration, the greater the vibration, the better the outcomes.

When people are in the gloom and we dispel the clouds and see the Sun, this is when we have the best opportunity to promote the Super Life Secret Codes system.

Connection to the Universe with blessing as a plug makes blessing and sending blessings even more substantial and meaningful. For people, Earth, and the world, blessings are like rain nourishing the withered souls.

Genuine blessing does not require a superficial appearance or rituals, instead, if our mind, body, and soul are in sync it can stimulate the most genuine blessing. For example, when we see a stranger walking by, greet the person, and in our heart wish/bless the person well. This blessing makes the person feel happy on the inside, that is a significant blessing effect.

Since the blessings that we have sent out circle around the world and return to us, not only are the people we have blessed, blessed, we are also blessed. If everyone can bless others every moment in life, our world will be surrounded by blessings and accumulate a tremendous amount of positive energy.

Not just to people, we can also send blessings to objects and events. For example, when you eat breakfast and the crumbs get on the counter top, you wipe them down and at the same time bless the counter top. Perhaps, this sounds silly, however if your blessing comes from your heart, the blessing will return to you.

Everything has feelings. Our blessings will not be wasted. Blessings come full circle, even the blessings to the non-living things will also come back to us. Isn't this a great thing?



The SECRET to

Blessing

[15]

The sincere genuine blessing is the supreme Tantra Way of the Universe

Before we kick off the “Act of Blessing” program, we want to look at our life first. Later, we compare it with the new life to see any corresponding change and life transformation.

Some people wonder how long will cultivation take to have accomplishment? Based on blessing, how can we succeed? There are a lot of knowledgeable people who are lost, in denial, and have preconceptions, that causes them to miss opportunities in doing experiments.

We must face the fact that the “Act of Blessing” program is “the supreme Tantra Way” of the Universe, which has been verified through experiments and is not speculation. There are thousands of Tantra Ways. How extraordinary this Tantra Way will be determined by the results of the experiment.

Some people cannot get the expected results due to a discrepancy in frequency and insufficient strength. The frequency and strength of our blessing indicates how much

effort you put in and how much we want to implement the work.

When sending blessings, if we just gently bless a little bit without sincerity from our heart, the other person will not be able to receive the energy and the blessing won't have enough strength and effectiveness.

If we think carefully and understand the theory of the world is round and the blessings that we send out will circle around the world eventually picking up the blessings from the Universe and return to us, we will not be stingy to send blessings to others.

The frequency of blessing has to be every moment, the strength of blessing must not be random, and then gradually we will receive blessings.

Once we are blessed, with our kindness and empathy we want others to have blessings too, so we are happy to send blessings to others, this creates a positive cycle and a process of planting blessings and harvesting blessings. As long as we are willing, we can amplify the “Act of Blessing” program to the fullest.



The SECRET to

Blessing

|16|

Grasping the opportunity of participation of the Earth transformation project.

If our blessing is sincere and genuine from our heart, it will precisely bring good luck to the person we bless. The strength of blessing corresponds to the force of action and reaction. The reacting force returning to us will have the equivalent amount of blessings. How well we do in blessing reflects in the outcome of our life.

Although our world is facing major crises and natural disasters, we must embrace the Super Life Secret Codes system and seize the opportunity to participate in the Earth transformation project.

By implementing the “Act of Blessing” program, we will notice many changes in life, in addition, by complying with the Universe, our energy increases so our worries and troubles in life naturally disappear and are replaced with abundance.

When everyone generously sends blessings all the

time and everywhere, world peace will become a reality. We activate a generational change which will influence many generations to come, and abundance will continue from now to infinity.

[17]

Implementing the “Act of Blessing” program is the grace from the Universe

Implementing the “Act of Blessing” program is the grace from the Universe. Sending blessing to the world is our responsibility, so we can stop the disasters before they come.

When people in the world all have enough, are hopeful towards our future, and have happiness in hand, why would we go to war? With world peace between countries, people and groups can transform conflicts to peace thus eliminating a devastating fate.

World peace creates powerful energy in which human quality will elevate and the world will become harmonious



The SECRET to

Blessing

and blissful. As people are continuously sending blessings and the positive energy is generating, world peace can possibly happen overnight.

Starting from blessing ourselves, we have to be blessed first to have enough energy and confidence to help others.

Sending blessings to others generates a positive cycle and the positive energy in the world gradually increases, so more people are blessed and optimistic.

This is a historic and meaningful event which we have seen the results and benefited from them, so we must actively share to the world Master Ted Sun's supreme Tantra Way of "blessing others brings instant blessings."

|18|

Reviving good times of blessing is our responsibility

In fact "blessing" has been around for a long time, however the number of people actually doing it is low,

because people don't know the key to effective blessing is our "heart." The power of our heart combined with blessing creates genuine beauty and kindness that circles around the world and returns to us as precious rewards. If the blessing is not coming from our heart, it will not be pure and effective.

In the Super Life Secret Codes system, we amplify the power of blessing by sending positive energy that helps to balance the energy field on Earth. Once the blessing energy returns, it brings back a tremendous amount of energy to us.

When we don't quite understand something, we guess. Now Master Ted Sun has explained to us clearly how blessing by the Universe works. What are we waiting for?

We need to seize this opportunity and send our genuine blessings to create the greatest positive energy for ourselves. When blessings return, we will be so amazed by the wonderful and precious rewards.



The SECRET to

Blessing

[19]

Letting go of prejudice and undertaking the “Mission of the Universe”

The source of chaos in the world comes from a lack of morals that causes disorders and misalignment with the Laws of the Universe. Everything in the world comes from energy. Lack of morals means energy lost, so the positive and negative energy are out of balance. Being a Super Life Secret Codes member, we must implement the “Act of Blessing” program to restore our world from chaos, this is our mission!

We have the responsibility to implement the “Act of Blessing” program to increase energy bringing back the balance on Earth.

The idea of the Super Life Secret Codes system is based on “looking at the effect to analyze the cause.” We want to create a complete and abundant “effect” then trace back the “cause” for any instability. From there, we correct the “cause” to make up the deficiency right from the start.

Many of us in the world are blocked by ego and stuck on our opinions and views so we have losses and leaks. The Super Life Secret Codes system helps us to makeup the losses and enrich our lives, so the ego will be tossed away.

Learning the Super Life Secret Codes system and correcting our old habits can bring us abundance forever.

Should we start with moral education or enriching our life? Master Ted Sun's answer is enriching our life first will help us improve faster.

The reason is once our life is enriched, we will have energy to learn morals. Otherwise, we will easily lose motivation when we are in despair. Often times, people living in the survival mode can easily go against morals and affect others negatively.

All the problems in the world are due to insufficient energy. People lack motivation and are unwilling to implement love and gratitude. Although education is a must, people need to feel abundant to be willing to learn and implement.



The SECRET to

Blessing

As love and gratitude keeps growing, there will be love and gratitude energy everywhere going from small to big. The world as a community, regardless of race and nationality, needs to immerse itself in the blessing of love and gratitude, so the entire human race will have extraordinary lives.

|20|

Blessing by all people can melt away frozen ice

The chaos in the world must be changed by the blessings sent from our heart, so world peace can turn into reality and melt away the disasters, and people can enjoy the beauty of the world.

Implementing the “Act of Blessing” program is very simple, however people cannot have false expectations. We need to turn it into a norm and a habit, so we bless every moment and receive blessing every moment, and it becomes a natural instinct.

We can tell a genuine blessing by the look of a person's eyes and the feeling of their words. Genuine blessings can truly touch and bring bliss to people. Let's exchange blessings and spread blessings to the world.

When people in the world have a mutual understanding of blessing, we will have world peace.

Good energy creates a wonderful world. On the contrary, negative energy brings devastation and destruction to Earth. None of us want to see destruction, so we must undertake the mission of the "Act of Blessing" program."

As long as everyone takes on the responsibility of implementing the "Act of Blessing" program, world problems like climate change will go away and our world will be abundant.

At this moment, we must move forward with our best effort to send blessings and position ourselves to inspire other people to do so. Only when everyone is elevated and benefited, can the positive cycle be activated.

World peace and abundance is our motivation for



The SECRET to

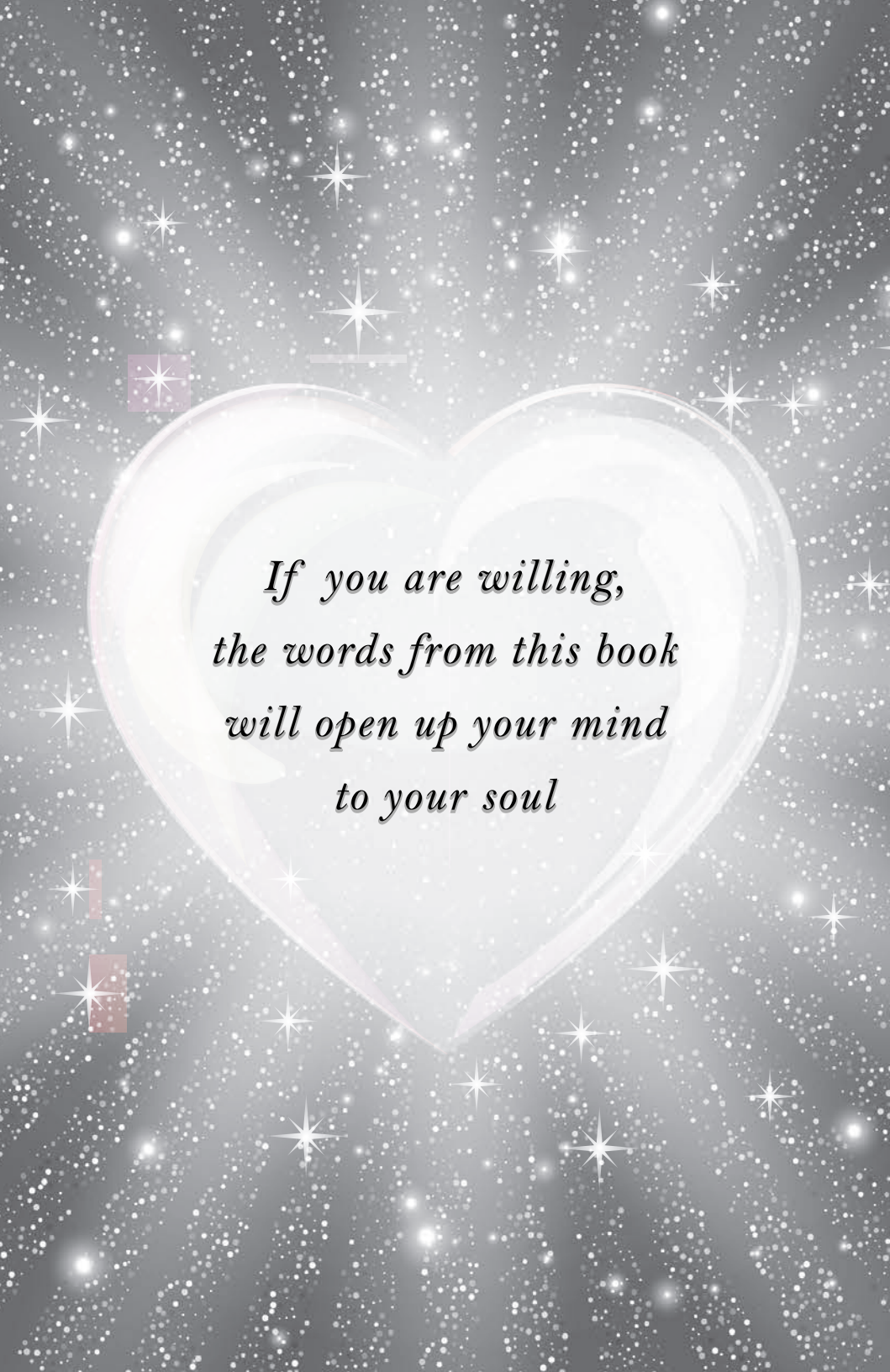
Blessing

implementing the “Act of Blessing” program. If everyone practices it now, our world will change very quickly. Our civilization depends on energy and active positive energy helps the world become a heaven on Earth. If everyone is willing to send blessings to create positive energy, it is going to be a win, win.

To comply to the Universe, we must practice sending blessings. As we practice blessing, our heart will be softened and we will be able to connect and resonate with the Universe.

Implementing the “Act of Blessing” program is a secret blessing from the Universe and comes from the love of the Universe and is a channel for the Universe to bestow abundance and happiness to us. From now on, we must take on the responsibility of sending blessings to the world.

By implementing the “Act of Blessing” program wholeheartedly, sincerely, and to wish everyone well every moment of our life, will bring us abundance and prosperity.



*If you are willing,
the words from this book
will open up your mind
to your soul*



The SECRET to
Blessing

ABOUT THE AUTHOR

Master Ted Sun is a world-leading expert in energy management, a renowned speaker, a top-selling author, a humanitarian, and a Nobel Peace Prize Nominee. He is also the founder of Richest Life, a personal and professional growth and wellness center, teaching people self-healing and life mastery. Master Ted Sun has trained hi-tech executives, CEOs, government officials, doctors, and tens of thousands of people worldwide.

In 2010, he wrote his first book, *Super Life Secret Codes*, a life manual that reveals the secret codes of managing energy to create a super extraordinary life. This book has become a global sensation and transformed people's lives all over the world.

Since then, Master Sun has written over 50 books and given tens of thousands of lectures and consultations. His book "Say No To Depression" is a breakthrough in mental

health and has been recognized and endorsed by Western and Chinese doctors to help people overcome chronic depression, anxiety, insomnia, and other mental health problems.

Master Sun's energy management system teaches people to mobilize their innate natural ability to become a self-generator of positive energy so that they can recharge and take control of their lives.



The SECRET to

Blessing

ABOUT SUPER LIFE SECRET CODES

In a world where financial management takes center stage, the often-overlooked key to true success and happiness lies in a different currency—your energy.

Discover the groundbreaking insights within this transformative book that will empower you to harness the hidden secrets of energy management.

This enlightening journey will guide you through a series of powerful lessons and proven techniques, unveiling the coveted codes to a life filled with joy and accomplishment.

Imagine a life unburdened by the shadows of the past, equipped with clarity for the present, and infused with unwavering confidence for the future.

Beyond the Super Life Secret Codes book, there is an entire system that includes online membership programs, webinars/workshops, special lectures, classes and other products. To learn more, please contact:

ABOUT RICHEST LIFE

Richest Life was established in 2011 and quickly spread throughout Asia, USA and Canada helping hundreds of thousands of people take control of life by using the Super Life Secret Codes system. Through this system, people increase their energy level and self-confidence leading them to find more joy in life and a path towards success and abundance. Richest Life provides people of all ages with many programs for mental and physical improvement like stress relief, better relationships, health, energy development and much more. In 2018, Richest Life USA, was formed with the mission to help people throughout the USA and Europe take control of life by using the Super Life Secret Codes System.

USA:

www.RichestLifeUSA.com

www.SuperLifeSecretCodes.com

Asia:

www.RichestLife.com

RichestLife

The Secret to Blessing

by Master Ted Sun

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Connecting with *Gratitude*
Elevating in *Blessing*



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