



翻转人生

就从这里启程

BEGIN YOUR NEW LIFE JOURNEY

RIGHT HERE.



天圆文化

RichestLife

天圆行天下 ● 天下共一家
Richestlife Universe Together As One

**为什么你已经拼到极限，
人生却愈拼愈沉重？**

**WHY IS IT THAT EVEN WHEN YOU GIVE EVERYTHING YOU HAVE,
LIFE KEEPS GETTING HEAVIER?**

**跌到谷底时，你需要的不是说教，
而是一个懂你的人。**

**WHEN YOU HIT ROCK BOTTOM, YOU DON'T NEED SOMEONE PREACHING—
YOU NEED SOMEONE WHO TRULY UNDERSTANDS.**

**家庭、健康、关系、财富，
为什么总有一道堵住你的墙？**

**FAMILY, HEALTH, RELATIONSHIPS, FINANCES—
WHY IS THERE ALWAYS A WALL YOU
JUST CAN'T SEEM TO BREAK THROUGH?**



**人生最怕的不是卡住，
而是没有出口。**

**THE GREATEST FEAR IN LIFE ISN'T
GETTING STUCK—IT'S HAVING NO WAY OUT.**



**当方向正确时，
改变真的会发生。**

**WHEN YOU'RE HEADED IN THE
RIGHT DIRECTION, REAL CHANGE BEGINS.**

**以下这些故事，是他们走出黑暗、
找到新人生的证明。**

**THE STORIES THAT FOLLOW ARE PROOF THAT PEOPLE CAN WALK
OUT OF THE DARKNESS AND STEP INTO A NEW LIFE.**

超级生命密码系统是什么？

WHAT IS THE SUPER LIFE SECRET CODES SYSTEM?

这套系统不仅仅是知识，更是一把打开幸福人生的钥匙，以「爱与感恩」为核心，结合心理觉察与能量管理，透过实修步骤改善生活层次，全面提升灵性与能量，重新获得富足圆满的人生。

This system is more than knowledge; it is a key to unlocking a happy life. Centered on “love and gratitude,” it integrates psychological awareness and energy management. Through practical methods, it elevates one’s quality of life, enhances spiritual and energetic growth, and leads to a more abundant and fulfilled life.

1. 它解决什么问题？ What problems does it solve?

- * 压力与情绪困扰 Stress and emotional struggles
- * 家庭与人际关系紧张 Tense family and relationship issues
- * 健康与活力下降 Declining health and vitality
- * 生活失去方向或动力 Feeling lost or stuck in life

2. 它如何做到？ How does it work?

- * 觉察心念与情绪模式 Becoming aware of thoughts and emotional patterns
- * 透过心法练习调整与转化能量 Realigning and transforming energy through guided practices
- * 在生活中实践「爱与感恩」
Applying Love and Gratitude in daily life

3. 谁适合？ Who is it for?

- * 希望改善情绪与压力的人 Anyone who wants to relieve stress and emotional burden
- * 想提升家庭与人际关系者 Those seeking better family and relationship harmony
- * 追求身心健康与幸福生活者 People pursuing holistic health and a happier life
- * 想为人生找到方向的人 Individuals looking for clarity and direction in life

超级生命密码系统

ABOUT SUPER LIFE SECRET CODES

「超级生命密码系统」是一套以身心灵整合与能量管理为核心的成长系统，结合心理觉察、情绪调节与正向行为养成，协助个人提升情绪韧性、改善人际关系并建立健全的生活模式。系统透过循序渐进的心法练习与日常落实，使学员能有效提升正向能量、降低压力反应，并逐步改善生活中反复出现的困境。

以「爱与感恩」及「修身立德」为核心价值，系统鼓励透过善意行动与心念调整带动内在改变，使个人更容易保持情绪平衡、开启思维与智慧，进而达成身心灵整合与幸福感提升。



The Super Life Secret Codes System is a growth system centered on mind, body, and soul integration and energy management. It combines psychological awareness, emotional regulation, and the development of positive behavioral habits to help individuals enhance emotional resilience, improve interpersonal relationships, and establish a healthy and positive lifestyle.

Through progressive mindset practices and consistent daily application, the system enables participants to effectively increase positive energy, reduce stress responses, and gradually resolve recurring challenges in life.

With Love and Gratitude, as well as self-cultivation and moral development, as its core values, the system encourages inner transformation through kind actions and mindful adjustments. This approach allows individuals to maintain emotional balance more easily, expand their perspective and wisdom, and ultimately achieve mind, body, and soul integration and a greater sense of happiness and fulfillment.

超级生命密码系统的三大优势

ABOUT SUPER LIFE SECRET CODES

协助每个生命找到光源、能量与方向，活出幸福、平衡与圆满。

Help every individual find their source of light, energy, and direction, allowing them to live with happiness, balance, and fulfillment.

1. 科学化 × 系统化 × 可复制 (Scientific × Systematic × Replicable)

以能量场运作原理为基础，透过思维觉察、能量转化与心法练习，引导学员建立正向能量场。方法简单、可操作、可测试、可印证，任何人都能在短时间内复制效果。

Based on the principles of energy-field dynamics, this method uses mindful awareness, energy transformation, and guided practices to help participants build a positive energy field. It is simple, practical, testable, and verifiable, allowing anyone to replicate the results in a short time.

2. 古今智慧 × 现代实践 (Ancient Wisdom × Modern Practice)

以现代语言重新诠释古往今来的生命智慧，强调思维、行为与能量的连动，人人都能理解、落实、受益。

Timeless principles translated into practical, modern applications that anyone can understand and adopt.

3. 整合 × 心灵成长 × 全球生态系 (Integrated × Spiritual Growth × Ecosystem)

跨平台学习体系：书籍、音乐、APP、读书会、共修直播等，多平台学习增强实作深度，随时随地都能自我调整，大幅提高成功率，形成完整的「自我成长导航」。

A comprehensive ecosystem—books, music, app, global livestream classes, workshops—for continuous personal growth.

天圆文化全球学员见证

GLOBAL TESTIMONIALS

这是一个已被无数人验证的系统

This is a system proven by countless real-life transformations.

每个故事，都是一段穿越；它不会从完美开始，总是从一道裂缝展开。

穿越迷惘、穿越困境、穿越那个以为不会改变的自己；有人在婚姻里跌倒，有人在健康里迷路，也有人在关系与失落里找不到出口。他们和你一样，也曾犹豫、害怕、停滞；但只是一个选择，就改变了接下来的人生方向。

这些见证来自世界各地，证明了一件真实不虚的事：改变从来不是偶然，只要你愿意开始，人生就会走向光亮。

Every story is a passage through. It never begins from perfection—it always starts from a crack of light.

Through confusion, through hardship, through the part of you that once believed nothing would ever change. Some stumbled in marriage, some lost their way in health, and others could find no exit in relationships and sorrow. They hesitated, feared, and stopped—just like you. But a single choice shifted the direction of their lives.

These testimonies come from across the world, and they reveal one undeniable truth: change is never an accident. As long as you are willing to begin, life will move toward the light.

下一个故事也可能是你；改变会发生在愿意开始的那个人身上。
The next story could be yours. Change happens to the one who is willing to begin.



YouTube学员见证



学员分享见证

爱的能量正在改变世界

The power of love is transforming the world.

这些动人的故事，不只是个人命运的翻转，更是「爱的能量」在世间绽放的光芒。每一位学员的分享，在在印证同一件事：当人心回到真、善与爱，幸福就会自然涌现。

超级生命密码系统所传递的，从来不只是知识，而是一种觉醒——唤起内在能量，提升灵命的层次。全球无数人正在运用「爱与感恩」这股宇宙能量，改变生活、修复关系，也为世界注入希望与平和。

这就是天圆文化与志工共同的使命：让爱遍洒人间，让幸福成为灵魂最自然的状态。







These moving stories are not merely personal transformations, but the light of love unfolding in this world. Each testimony reveals the same truth: when the heart returns to truth, goodness, and love, happiness arises naturally.

The Super Life Secret Codes system is not just knowledge, it is an awakening that activates inner energy and elevates the soul. Across the globe, countless people are using the universal power of "Love and Gratitude" to transform their lives, heal relationships, and bring hope and harmony to the world.

This is the shared mission of Richest Life and its volunteers: to let love spread across the human world, and let happiness become the soul's most natural state.









全球学员心得摘录







主题	标题	内容	学员简介
金钱财富 	5年还清1亿债务	2015年公司负债达1亿台币，当时太痛苦一度想结束生命，每天睁开眼就被债务追着跑，没想到开始如法实修后，有厂商愿意继续购货、遇贵人支持投入高额资金，让公司起死回生，短短5年还清债务！	台湾学员 Stanley Liu 电脑笔电ODM
金钱财富 	老板不断加薪 累积满满现金	过去投资股票，财富几乎都归零，负债千万，房贷、学贷、车贷，让人喘不过气，且工作上即使成绩亮眼客户满意，老板仍然嫌弃。实作心法后，不但经常获得老板称赞还持续升官加薪，不靠投资5年内还清负债，累积8位数资产！	加拿大学员 Carrie 全球产品永续总监
事业运开 	能量让主副业 收入全部大爆发	排斥超级生命密码系统5年的我，如法实修后生意竟转亏为盈，年营收千万美元！房仲副业从零起步成交2,000万美元大案，客户更持续介绍顶级客户！正确的选择胜过一切，打开心门，让正能量开始运作才是王道！	美国学员 Ryan 房地产
事业运开 	想踢馆，实验后 竟营收破千万	为了阻止妈妈的叨念劝说，我带着踢馆的心态加入超级生命密码系统实修，结果业绩暴冲20万！军中霸凌解套、创业年营收达8位数且一再翻倍成长！30岁前买房、帮爸爸换车、现在跨足火锅业。亲身踢馆实证结果：心法成效不同凡响！	台湾学员 刘0生 网路创业家
身心健康 	吸引到贵人医师 皮肤炎改善	国中起，我便受异位性皮肤炎所扰，只能依赖类固醇控制，长达20多年。实作心法后不久，遇到一位非常有经验的中医师，透过针灸调理体质，现在不需要吃药，皮肤状况明显改善，感恩心法让我遇见贵人医师！	台湾学员 林0谊 补教业
身心健康 	心法协助遇良医 母亲脊椎痊愈	妈妈因跌倒伤到脊椎，半年看遍中西医仍无效，我和姊姊心急如焚。幸好妈妈打开心门，加深实作心法的力道，真的遇到合适的医师！妈妈现在恢复良好还能出国旅游。打开心门后的心法能量真的不同凡响！	马来西亚学员 陈0霏 行政人员





Richest Life Transformation Stories

Category	Title	Content	Participant Info
Wealth & Abundance 	Cleared 100 Million in Debt in 5 Years	In 2015, my company was burdened with debts totaling 100 million TWD. The stress was unbearable, and I even considered ending my life. Every day began with being chased by debt. But after sincerely practicing the Super Life Secret Codes methods, everything began to change. Suppliers continued to order, benefactors appeared and invested large sums, and my company miraculously came back to life. In just five years, all debts were fully repaid!	Stanley Liu, Taiwan — Computer and Laptop ODM Industry
Wealth & Abundance 	Continuous Promotions and Salary Raises, Building Wealth Steadily	I used to lose almost all my money in stock investments, accumulating debts of over 10 million TWD, with heavy burdens from housing, education, and car loans. After practicing the Super Life Secret Codes methods, my boss not only praised me but kept promoting and giving raises. Without relying on investments, I paid off all debts within five years and built an eight-figure savings!	Carrie, Canada — Global Director of Product Sustainability
Career & Success 	Breakthrough in Both Main and Side Businesses	I resisted the Super Life Secret Codes system for five years, but once I began sincere practice, my business turned from loss to profit, reaching annual revenue of 10 million USD! My real estate side business also boomed from zero to closing deals worth 20 million USD, with top clients continuously referred to me. Opening my heart and letting positive energy flow became the true path to success!	Ryan, USA — Real Estate Industry
Career & Success 	From Skepticism to Million-Dollar Success	I joined the system just to prove my mother wrong. To my surprise, my performance skyrocketed by 200,000! Workplace bullying was resolved, my startup achieved an eight-figure annual revenue, and kept doubling. Before turning 30, I bought a home, gifted my father a car, and expanded into the restaurant business. I personally witnessed the extraordinary power of Super Life Secret Codes!	Liu, Taiwan — Online Entrepreneur
Health & Wellness 	Found a Doctor Who Healed Long-Term Skin Condition	Since junior high, I suffered from eczema for over 20 years and relied on steroids to manage it. After practicing the Super Life Secret Codes methods, I met an experienced Chinese medicine doctor who treated me through acupuncture and internal adjustment. Now I no longer need medication, and my skin has improved dramatically.	Lin, Taiwan — Education
Health & Wellness 	Mother's Spine Healed After Months of Pain	My mother injured her spine after a fall and sought medical help for six months with no improvement. My sister and I were extremely worried. Fortunately, after she opened her heart and practiced the methods more diligently, she met the right doctor. Her recovery was remarkable, and she can now travel abroad again. The energy shift after opening one's heart is truly powerful!	Chen, Malaysia — Administrative Staff

主题	标题	内容	学员简介
家庭和乐 	心法让婚姻冰点回春 甜如初恋	过去天天和先生吵架，我每天像个怨妇，他犹如冰块般，连衣服品味都能吵翻天，彼此看不顺眼很想离婚。开始实作心法后心念转变，和先生愈来愈甜蜜，天天都像初恋，他还会主动负担许多开销支出，宇宙能量心法真的太棒了！	台湾学员 翁0禅 公务员
家庭和乐 	结束九年异地生活 与家人团聚	多年因工作关系无法与家人同住，心中思念不已。开始实作心法后，竟被调至新的工作单位上班，九年来首度与太太、子女团聚！每天能在最珍惜的人身边生活，是我多年来最大的幸福，感恩心法的帮助！	马来西亚学员 许0成 神经外科医师
爱情桃花 	单身30年 心法牵线遇正缘	从小内向害怕与人互动，快30岁还没交过女朋友，努力改变自己，长达6年无明显突破，直到开始实作心法，一年后就遇到心仪对象，一路交往到结婚，五年零争吵，育有可爱女儿，感恩心法带来的幸福。	台湾学员 吕0宪 印刷包装操作员
爱情桃花 	靠心法断前缘 遇正缘步入婚姻	开始如法实修后，长达2年的感情纠缠竟在短短几周和平分手！接着很快遇到现在的先生，在他一年的温馨接送下，发现彼此性格契合，价值观相近，最终决定携手步入婚姻，结婚至今多年家庭幸福美满！	台湾学员 吴0玲 邮局员工
学习觉醒 	中后段逆转 考上台中第二志愿	我国中读私校，国一到国三上，班排成绩都在中后段，没想到开始实作心法后，明显感觉自己会念书了，填前三志愿时老师觉得我异想天开，结果高中会考拿到5A4+、作文5级分，考上台中第二志愿！	台湾学员 柯0恩 学生
学习觉醒 	数学变强了 还全部科目都拿优	我的数学一直很弱，小学三年级上学期前都拿乙，进入超级生命密码系统学习后，三下数学竟然拿到甲还当上数学小老师！四年级突然全部科目都拿优！非常谢谢超级生命密码系统帮助我打开读书的开关！	台湾学员 张0馨 学生









YouTube学员见证



学员分享见证



Category	Title	Content	Participant Info
Family Harmony 	Marriage Rekindled, Love Like the First Day	My husband and I used to argue constantly and had grown emotionally distant. After practicing the Super Life Secret Codes methods, my mindset changed, and our relationship was rekindled. Now every day feels like the sweetness of our first love, and my husband even takes the initiative to care for the family. The Universe's energy truly works wonders!	Weng, Taiwan — Government Employee
Family Harmony 	Reunited with Family After Nine Years Apart	My work had kept me separated from my family for many years. After practicing the system, I was reassigned to a new unit, finally reuniting with my wife and children after nine years apart. Being able to spend every day with the ones I love is the greatest happiness I could ask for.	Hsu, Malaysia — Neurosurgeon
Love & Relationships 	Found True Love After 30 Years Single	I was shy and socially awkward since childhood, and by age 30 had never been in a relationship. A year after practicing the Super Life Secret Codes methods, I met my ideal partner. We've been together for five years now, never argued, and have a lovely daughter. I'm deeply grateful for the happiness this system brought me!	Liu, Taiwan — Printing & Packaging Operator
Love & Relationships 	Letting Go of the Past, Finding True Love	After sincerely practicing the Super Life Secret Codes methods, a two-year entangled relationship peacefully ended, and soon I met my current husband. After a year of dating, we realized our personalities and values aligned perfectly, so we married and now enjoy a happy, harmonious family life.	Wu, Taiwan — Postal Worker
Academic Awakening 	From Struggling Student to Top School Admission	My grades were always in the lower half of the class during middle school. After practicing the Super Life Secret Codes methods, my learning ability and focus improved significantly. I was admitted to my second-choice high school. My teachers were amazed by my transformation, and I'm thankful the system helped me regain confidence!	Ke, Taiwan — Student
Academic Awakening 	Improved Grades and Confidence in All Subjects	I used to struggle in math, but after joining the system, not only did I earn top grades, I was even chosen as a student tutor. From fourth grade onward, I received top marks in every subject. I'm grateful to the Super Life Secret Codes system for helping me rediscover the joy of learning!	Chang, Taiwan — Student



入门必修经典《超级生命密码》

ABOUT SUPER LIFE SECRET CODES

量身订做太阳般光彩，深获宇宙丰盛的祝福，道出浩瀚星空的殷殷期许。带领你拾起宇宙能量，改变生命地图，承运光的祝福，启动生命奇迹！在你开启本书密码的同时，永恒生命的智慧与宁静即将一一展开。活用并持有本书能量，生命即已圆满，轻松拥有密码之妙，解开自身所有的难题，揭开生命秘密，即得重生乐趣。2010年十月出版至今，已热销百万册，曾荣登博客来网路书店百大畅销书排行榜第九名，全球读者因此而受益已不计其数！

The Super Life Secret Codes is a life manual and daily guide that helps readers take charge of their lives through effective energy management. As you discover the Secret Codes and learn to apply them, you awaken the power of universal energy, transforming your life's path and embracing the blessings of light that ignite miracles.

Through these teachings, you will gain the wisdom to realign your thoughts and energy, overcome challenges with ease, and experience true joy, peace, and abundance. Beyond personal transformation, you also become a source of positive energy, radiating happiness and harmony from your family to your community.

Since its publication in October 2010, The Super Life Secret Codes has sold over one million copies and ranked among the Top 10 Bestsellers on Books.com.tw, inspiring countless readers around the world.



太阳八段锦

THE SUN ENERGY BADUANJIN PRACTICE

天圆文化太阳八段锦是一套结合身、心、灵三位一体的能量调理法。以简易、温和的动作，引导身体气血循环顺畅，同时在心念与意识层面达到沉淀、放松与和谐。透过太阳能量的引导，八段锦的每一式皆能协助调节身心状态、提升正向频率，让学员在日常中即可轻松实修，达成能量补充、情绪平衡与内在安定的效果。这是一套适合各年龄层的全方位能量练习，亦是许多学员维持身心和谐的重要方法。

The Richest Life Sun Energy Baduanjin Practice is a holistic energy-balancing practice that integrates the body, mind, and soul. Through simple and gentle movements, it promotes smooth circulation of energy and blood while guiding the mind into a state of clarity, relaxation, and harmony. With the support of the Sun energy, each section of the Baduanjin helps adjust physical and emotional states, elevate positive frequency, and restore inner balance. It is a practical daily practice suitable for all ages, and has become an essential method for many participants to maintain overall well-being and energetic harmony.



<https://reurl.cc/QVbA85>

天圆的核心价值

THE CORE VALUES OF RICHEST LIFE

1. 爱与感恩 Love & Gratitude

以爱为出发、以感恩为回应，建立正向互动循环；透过「爱与感恩」的思维与行动：缓和情绪与人际冲突、增强幸福感与心理安全感、形成良善能量场与生活氛围。

Cultivating a positive cycle through love and gratitude, enhancing emotional harmony and overall well-being.

2. 修身立德 Self-Cultivation & Virtue

从内在品德与行为改善做起，带动生命转变，强调自我反省与自我提升、建立正向价值观与生活态度、以善意行动影响周遭。

Improving character and mindset through self-reflection and positive actions that influence others.

3. 身心灵整合 Mind, Body, & Soul Integration

让情绪、思维与生活行为达到一致与平衡，透过觉察与调整，使个人情绪更稳定、思考更清晰、行为更正向一致。

Achieving balance by aligning emotions, thoughts, and behaviors for greater clarity and stability.



4. 能量管理 Energy Management

提升正向能量、降低负面影响，改善生活状态，包含：调整心态与情绪、建立正能量习惯、化解生活困境与压力反应。

Strengthening positive energy and reducing negative influences to improve life conditions and resilience.

5. 实修落地 Practical Application

强调可操作、看得见成果的生活实践，透过心法练习、日常落实、具体行动，让理念真正转化为生活改变。

Turning concepts into real results through daily practice and actionable methods.

6. 共好与公益 Collective Well-Being & Service

将个人成长延伸为社会正向力量，包含：公益活动、志工服务、社会关怀行动，让「爱与感恩」在社会中扩散、流动。

Extending personal growth to benefit society through charity, volunteering, and community care.



为什么全球百万人信任天圆文化？

WHY MILLIONS TRUST RICHEST LIFE

因为真实、有效、温暖，天圆文化成为全球无数人生命中的光源。

Because it is real, effective, and heart-centered, Richest Life has become a source of light for millions around the world.

1. 实证有效的能量系统（Proven Transformations）

超级生命密码系统已被全球百万人实修印证，从情绪改善、家庭和谐、事业成长、健康提升到财务翻转，都有大量真实案例。

The Super Life Secret Codes system has transformed the lives of millions worldwide, with real testimonials demonstrating breakthroughs in health, relationships, career, and abundance.

2. 国际级导师的专业带领（World-Class Guidance）

太阳盛德导师拥有十多年教学经验，著作 70 多本、创作 170 多首正能量歌曲，并三度被提名诺贝尔和平奖。

With decades of experience, Master Ted Sun has authored over 70 books, composed more than 170 positive-energy songs, and been nominated for the Nobel Peace Prize for three consecutive years.

3. 非宗教、跨文化、具通俗性 (Non-religious, cross-cultural, and accessible)

天圆文化不属任何宗教，价值观以「爱与感恩」为核心，能跨越年龄、文化、教育背景，被全球人士接受。

Richest Life is not affiliated with any religion. Its universal principles of Love and Gratitude resonate across cultures, making it accessible to all ages and backgrounds.

4. 完整而多元的学习生态系 (Integrated Learning Ecosystem)

从书籍、APP、音乐、共修、讲座到读书会，提供持续、完整、可自我导航的学习支持。

A complete ecosystem—including books, APP, music, global livestream classes, workshops—supports continuous personal growth.

5. 全球据点与稳定组织 (Global Presence & Credibility)

天圆文化在美国、台湾、新马、香港、中国、加拿大、澳洲等地皆有据点与活动，拥有稳定成长的国际组织。

With centers across the US, Taiwan, Malaysia, Singapore, Hong Kong, China, Canada, and Australia, Richest Life maintains strong global credibility.

6. 公益精神与实际贡献 (Social Impact & Compassion)

捐血、救护车捐赠、志工服务等公益活动，展现「爱与感恩」的实践力与社会价值。

Richest Life actively contributes to society through charity events, blood donation campaigns, ambulance donations, and volunteer projects.

主要业务范畴 CORE AREAS OF SERVICE

1. 研讨会 Seminars

以主题式研讨方式深化觉察、理解生命议题，协助建立正向思维与能量调整。

Topic-based seminars that deepen awareness, explore life themes, and guide participants toward positive thinking and energy alignment.

- * 深度觉察 Deep self-awareness
- * 主题引导 Guided thematic exploration
- * 心念调整方法 Mindset adjustment methods

2. 读书会 Study Groups

共同阅读、讨论超级生命密码系列书籍，让概念真正落实于日常生活。

Collaborative reading and discussion of the Super Life Secret Codes book series to help integrate concepts into daily life.

- * 共学分享 Shared learning and discussion
- * 深度理解 Deeper comprehension
- * 落实生活应用 Practical daily application

3. 共修活动 Practice Circles

以「爱与感恩」为核心的团体实修场域，透过正能量共振加速情绪与心念调整。

Group practice sessions rooted in Love and Gratitude, providing positive resonance that supports emotional and mindset alignment.

- * 能量共振 Energy resonance
- * 情绪调和 Emotional balancing
- * 心念再聚焦 Mindset refocusing

4. 企业主题分享 Corporate Sharing

从情绪管理、压力调节与身心平衡切入，协助企业打造正向、高效文化。

Talks and sessions on emotional resilience, stress management, and well-being to foster a positive and effective workplace culture.

- * 情绪韧性 Emotional resilience
- * 职场沟通 Workplace communication
- * 健康工作氛围 Healthy work environment

5. 出版品与音乐创作 Publications & Music

以书籍与音乐传递「爱与感恩」的力量，陪伴学员调整情绪与能量。

Books and music that convey Love and Gratitude, supporting emotional balance and energy elevation.

- * 书籍出版 Book publications
- * 音乐创作 Music production
- * 生活陪伴 Life-enriching support

6. 公益与社会关怀 Public Service

以实际行动回馈社会，将「爱与感恩」扩散到更广的群体。

Community-focused initiatives that extend Love and Gratitude into broader society through action.

- * 公益活动 Charity events
- * 志工服务 Volunteer service
- * 社区关怀 Community care



天圆文化致力透过多元方式，协助有缘人把「爱与感恩」从理念转化为行动与结果，在生活、家庭与生命状态中，看见可转化与可复制的正向改变，开创富足、和谐与长期幸福的人生旅程。

Richest Life is committed to helping individuals transform Love and Gratitude from concepts into practical actions and tangible results through a variety of learning and practice methods. We guide people to experience replicable and transformative positive changes in their daily lives, relationships, and overall well-being, creating a future filled with abundance, harmony, and lasting happiness.

看清人生难题，也就看见转变的入口

When you see the real challenge, you will also see the doorway to change.

有时候人生不是缺方法，而是缺一盏能照亮前路的光。

超级生命密码系统是一套从生活出发的实修方法，透过简单的练习与调整，你可以从日常中重新整理思绪，厘清压力根源，让身心灵回归平衡与自在。

你无需任何背景与知识，只要愿意开始，就能看见生命逐渐转变。有人修复了关系，有人找回健康与幸福；也有人重新启动人生方向，活出全新的自己。

我们相信，每个人都能重新出发，只要踏出第一步，改变就会发生。

Sometimes, what life lacks is not another method, but a light that can illuminate the way forward.

The Super Life Secret Codes system is a practical approach that begins with everyday living. Through simple practices and gentle adjustments, you can reorganize your thoughts, clarify the roots of stress, and return your mind and heart to balance and ease.

You don't need any background or knowledge. As long as you are willing to begin, you will start to see your life transform. Some have restored relationships, some have regained health and happiness, and others have rediscovered their direction and created a new life.

We believe that everyone can start again. Take the first step, and change will follow.



学习平台

LEARNING PLATFORM

1. 工具与资源 Tools & Resources

自己即可使用、马上开始的入口，在世界任何的角落，天圆永远与你同行。

A system that you can use immediately and start right away, no matter where you are in the world, Richest Life is here to walk with you.

- * 天圆文化系列丛书 Richest Life Book Series
- * 结缘书籍下载 Free Book Download
- * 正能量歌曲 Positive Energy Music
- * APP/广播节目/影音 APP/Podcast/Videos
- * 全球网路共修 Online Classes

2. 线下活动 Offline Activities

走进现场，你会感受到陪伴与支持带来的力量，让生命悄悄翻转。

Walking into the space, you will feel the strength brought by companionship and support, quietly transforming your life.

- * 精进交流会 Various Learning Groups
- * 圆满人生菁英会 Perfect Life Elite Workshop
- * 爱与感恩夺标惊喜分享会 Love & Gratitude Success Sharing Workshop
- * 德香女人花菁英交流会 Virtuous Women's Elite Workshop
- * 超级富有交流会 Abundance Elite Workshop
- * 音乐飨宴 Concert
- * 实践研讨 Practice Workshop

天圆文化系列丛书

RICHEST LIFE BOOK SERIES

太阳盛德导师自2010年出版首部著作《超级生命密码》以来，作品已被翻译成18国语言，广受全球读者喜爱。至今已撰写超过七十本天圆文化系列丛书，内容博大精深，涵盖人生各层面课题，传递宇宙天地真理与待人处事的智慧哲学，是现代人不可或缺的精神粮食。

Since the launch of Master Ted Sun's first book, Super Life Secret Codes, in 2010, he has authored over 70 books in the Richest Life book series.

These books convey profound and practical life wisdoms in clear and simple words, covering all aspects of life's themes and challenges. They also impart the Universe's truths and the wisdom of interpersonal relationships, mind, body and soul wellness, serving as essential nourishment for people in modern life.







结缘书系列

牌卡系列



结缘书籍下载

FREE BOOK DOWNLOAD



《疗愈泉力》太阳盛德 着

一本让百万读者受惠的心灵之书。此刻，让宇宙的祝福叩响你的心门，让能量注入生命，开启全新命运！



《助的秘密》太阳盛德 着

当你允许这些文字进入心中，你会听见灵魂的回音。真诚发起「推送祝福行动」，让每一天都幸福喜乐、丰盛满满。



《夺标》太阳盛德 着

太阳盛德导师送给全球青少年爱的期许，带领你提升自身的配备，开启夺标连连的人生新篇章。



《千年之约一》、《千年之约二》

——《超级生命密码》读者感悟实录
集结全球读者真实故事，见证《超级生命密码》带来的幸福与转变。



免费ebook下载网址：

www.RichestLife.com/download/



结缘书转印网页：

- 台湾地区：Print.RichestLife.com
- 新马地区：Printsg.RichestLife.com

正能量歌曲

POSITIVE ENERGY MUSIC

音乐，是最温柔也最深沉的疗愈力量。太阳盛德导师以纯净的能量创作超过170首正能量歌曲，每一首旋律与歌词都像是一帖温暖的处方，陪伴你穿越人生风雨。

这些歌曲蕴含「爱与感恩」的力量，在你需要的时候提供安定、支持与希望。许多人在音乐的引导中释放压力、放下过去、重新感受到幸福与前进的力量。

让音乐为你打开一扇窗，带你走向更柔软、更明亮的地方。

Music is one of the gentlest and most profound forms of healing. Infused with pure, uplifting energy, Master Sun has created over 170 original songs. Each melody and lyric becomes a warm prescription, gently accompanying you through life's storms.

These songs carry the power of love and gratitude, offering stability, support, and hope when you need it most. Many have released stress, let go of the past, and rediscovered happiness and strength through this music.

Let music open your heart, leading you toward greater gentleness and light.



APP / 广播节目 / 影音

APP / PODCAST / VIDEO

天圆行天下

Richest Life Universe APP

无论你身在何处，都能透过APP、广播节目与影音内容，随时随地接收能量、提升觉察、调整心境。

正能量音乐、共修回放、指引分享、生活心法等等，让学习不再受限制，也不再需要特别预备。只要打开手机或电脑，你就能获得支持与陪伴，也能在日常中找到前进的方向。

这些平台存在的主要用意——让成长变得更轻松，也更靠近你。

No matter where you are, you can access our app, podcast, and video anytime. These offerings help uplift energy, deepen awareness, and restore emotional balance.

With positive music, online classes, guided insights, and everyday visualization meditation practices, learning becomes simple and accessible. Just open your phone or computer to receive support, encouragement, and guidance for daily life. The purpose of these platforms is clear.

To make personal growth easier and always within reach.



天圆文化官方网站 / YouTube频道

Official Richest Life Website & YouTube Channel

如果你想更深入地认识超级生命密码系统，官网与 YouTube 频道都是你最容易开始的入口。

你可以在这里找到书籍、讲座、活动资讯、实修方法，以及全球最新的能量分享与指导内容。不论你目前处在哪一个阶段，都能找到适合自己的方向与资源。

让网路成为你的学习伙伴、灵感来源与支持力量，打开连结，就能离改变更靠近一步。

If you want to explore the Super Life Secret Codes system more deeply, the official website and YouTube channel are the easiest places to begin.

Here you'll find books, classes, events, practices, and the latest global content and teachings. Wherever you are on your journey, there is always a direction and resource here for you.

Let these platforms become your learning companion, inspiration, and support. Open the link, and you are already one step closer to change.



天机天圆机

Portable Energy Audio Player

天机天圆机集结导师歌曲与开示精华，让你随时都能立即充电与提升。

一键启动高能量场，帮助你在关键时刻做出明智选择。它不只是播放工具，更是加速成长与突破的人生推进器。

The Richest Life Audio Player brings together Master Sun's music and essential teachings, allowing you to recharge and elevate your energy anytime you need.

With a single touch, you can activate a high-vibration field that supports clarity and wise decisions in crucial moments. It's more than a device, it's a catalyst for growth and transformation in your life.



福到你家

Fortune To Your Home Podcast

幸福不必等待，它可以被带到你家门口。

每周《福到你家》节目陪你探索人生课题，在健康、财富、家庭与关系中找到答案与方向。

这不只是广播，也是心灵上的支持与陪伴。

Happiness doesn't have to wait. It can arrive at your doorstep.

Each week, the program explores life's essential topics—health, finances, family, and relationships—helping you find clarity and direction.

It's more than a podcast. It's support and companionship for your journey.



网路共修

ONLINE WEEKLY CLASS

不论你身在世界哪个角落，都能与导师一同学习与成长。

每一次共修，都是重新整理内在、调整能量与回到初心的旅程。有人因此走出了低潮，有人修复了关系，也有人重新找到方向与希望。

这不只是一堂课，而是一个充满支持与陪伴的场域，让你在生命的每一道关卡中，都能感受到——你不是一个人。



No matter where you are in the world, you can learn and grow together with the Master.

Each online class is a journey of restoring your inner balance, adjusting your energy, and returning to your true self. Some have walked out of emotional lows, some have healed relationships, and others have rediscovered direction and hope.

This is more than just a class. It is a space of support and companionship where you will feel, at every turning point in life, that you are not alone.

精进交流会

VARIOUS LEARNING GROUPS

圆满人生菁英会

Perfect Life Elite Workshop

无论线上或线下，这里都是一起成长的地方。

我们从导读超级生命密码丛书中，相互交流、分享与共振，让每一次讨论都成为滋养生命的养分。

邀请你加入菁英会，在支持与陪伴中，走向更圆满的自己。

Whether online or in person, this is a space for growing together.

Through reading and exploring the Super Life Secret Codes book series, we share insights, reflections, and resonance—turning each discussion into nourishment for life.

We invite you to join the Elite Workshop, and walk toward a more fulfilled and complete version of yourself, supported and accompanied every step of the way.



爱与感恩夺标惊喜分享会

Love & Gratitude Success Sharing Workshop

以太阳盛德导师的智慧为核心，让「爱与感恩」化为可实作的能量工具。在这里，你会看见方法如何落地推进、如何转化人生、如何创造成果。

透过分享与交流，我们一起突破框架、打开视野，成就个人与企业同步成长的丰盛之路。

Centered on Master Sun's wisdom, this workshop transforms "love and gratitude" into practical tools for real results. Here, you'll see how these methods take shape in everyday life—creating breakthroughs, success, and transformation.

Through sharing and collaboration, we expand perspectives and unlock potential, opening a path of abundance where both individuals and businesses can thrive.



德香女人花菁英交流会

Virtuous Women's Elite Workshop

「女人花」象征着女性独有的生命力量。以《德香女人花》的智慧为起点，透过修持「德」与「香」，让心灵被温柔灌溉，幸福在生命中盛开。

在这里，我们一起学习幸福的因果法则，发现自己真正的价值与光彩，活出芬芳、自信与爱的力量。

“Woman in Bloom” symbolizes the unique life force of women. Inspired by the wisdom of Virtuous Women, this journey begins with cultivating virtue and inner grace, gently nourishing the heart, and allowing happiness to blossom in life.

Here, we explore the principles behind happiness, rediscover our true worth and light, and live with confidence, love, and a natural, radiant presence.

超级富有交流会

Abundance Elite Workshop

以《源来，富有可以很简单》一书为起点，学会让「富足」成为一种可练习、能复制的能力。

在深入交流中掌握致富思维、行动策略与突破关键，让每一次选择都推动你迈向更高维度的成功。

这里，是你启动全方位富有、打造人生高光时刻的最佳场域。

Beginning with the book Abundance Is So Simple, you will learn how abundance becomes a skill that can be practiced and replicated.

Through in-depth dialogue, you gain wealth-conscious thinking, actionable strategies, and key breakthroughs that turn every choice into forward momentum toward higher levels of success.

This is where you activate all-around abundance and create the defining moments of your life.

音乐飨宴

GLOBAL MUSIC CONCERT

正能量音乐，是最温柔也最有力量的疗愈。

在旋律与祝福中，你会感受到心开始放松、情绪变得更加柔软，也更靠近平静与喜悦。

这不只是一场演出，而是一趟能量觉醒的旅程，让音乐陪你释放压力、找回力量，重新看见希望。

Positive-energy music is one of the gentlest and most powerful forms of healing.

Within every melody and blessing, your heart begins to relax, your emotions soften, and you move closer to peace and joy.

This is more than a performance—it is a journey of awakening, where music helps you release stress, reclaim your strength, and rediscover hope.



实践研讨

PRACTICE WORKSHOP

真正的改变，不是靠道理，而是靠实践。

透过研讨与分享，你会在互相支持与交流中，看见问题的根源，也找到改变的方法。

这是一个陪伴与学习的场域，让你在每一次对话与反思中，都更靠近更好的自己。

Real change doesn't come from theory—it comes from practice.

Through workshops and sharing, you learn in an environment of mutual support and exchange, where you begin to see the roots of your challenges and discover ways to transform them.

This is a space for learning and companionship, where every conversation and moment of reflection brings you closer to a better version of yourself.





关于天圆文化 WHO WE ARE

我们相信，每个人都曾迷路、受伤、困惑，渴望一道能带自己走出困境的光。天圆文化创立于美国，没有宗教背景，致力于陪伴更多人重新找回力量与希望。

透过超级生命密码系统，在生活中实践「爱与感恩」，让心变得柔软踏实，能看见人生方向。无论你正面对什么，这里都有方法及伙伴与你同行——因为你值得幸福，也从不曾孤单。

We believe that everyone has experienced moments of feeling lost, hurt, or confused, and has longed for a light to guide them out of difficulty. Founded in the United States, Richest Life has no religious affiliation and is dedicated to supporting people as they rediscover strength and hope.

Through the Super Life Secret Codes system, we bring the practice of love and gratitude into everyday life, helping the heart become grounded and gentle, and enabling clarity and direction to emerge. Whatever you may be facing, there are always methods and companions here to walk with you, because you deserve happiness, and you are never alone.

愿景 VISION

我们相信，每个人都值得拥有情绪安稳、家庭和谐、心灵健康与人生方向。当「爱与感恩」落实在生活中，幸福就能成为一种自然的状态，一个人改变，也能让世界变得更美好。

We believe that everyone deserves emotional stability, harmonious relationships, spiritual well-being, and a clear direction in life. When “love and gratitude” are practiced in everyday living, happiness becomes a natural state, and one person’s change can make the world a better place.

我们的使命不只是改变人生，而是让爱成为世界的循环。为了实现这份愿景，天圆文化透过一套人人都能学习与实践的超级生命密码系统，将「爱与感恩」落实在生活中，带来看得见的正向改变。

Our mission goes beyond transforming individual lives. It is to allow love to become a living cycle in the world. To bring this vision to life, Richest Life offers the Super Life Secret Codes system, a practical approach that anyone can learn and apply. By integrating love and gratitude into daily life, positive change can be genuinely felt and clearly seen.

使命 MISSION

陪伴更多人找回力量与希望。透过超级生命密码系统，用明确的方法与可实践的工具，帮助人们改善情绪、关系与生活品质，在日常中落实成长与转化，活出更自在圆满的人生。

To accompany more people in rediscovering strength and hope. Through the Super Life Secret Codes system, we offer clear methods and practical tools that help improve emotions, relationships, and quality of life—bringing growth and transformation into everyday living, and empowering people to live with greater ease and fulfillment.

创始人 太阳盛德导师

自2010年起，太阳盛德导师出版中英文著作逾70本，读者遍及全球，无数人透过其理念与实修方法转变生命、迎向更丰盛的人生。导师同时享有「音乐卡内基」美誉，擅长词曲创作，已累积超过170首作品，深受各地听众喜爱。其著作与音乐作品皆以提升能量为核心，为全球学员带来持续正向影响。

作为全球超级生命密码系统精神导师及天圆文化创办人，导师以「爱与感恩」为核心，倡导修身立德，协助大众在身、心、灵取得平衡与和谐。其引导方式深入浅出、重视可操作与可验证，让不同文化背景的学员都能在短时间内获得明显成效。导师于2021、2022、2023年连续被提名诺贝尔和平奖，并荣获美洲华人楷模奖，肯定其在倡导、人文与公益领域的贡献。

十多年来，导师于台湾、美国、马来西亚、新加坡、香港等地举办近千场讲座，场场爆满，深受热烈回响，持续带动全球正能量学习风潮，使更多人得以建立起正向人生。



ABOUT THE AUTHOR MASTER TED SUN

Since 2010, Master Ted Sun has published more than 70 books in both Chinese and English, reaching readers around the world. Countless individuals have transformed their lives and embraced greater abundance through his teachings and practical methods. Renowned as the “Carnegie of Music,” he is an accomplished songwriter with over 170 original compositions, widely loved by audiences worldwide. His writings and music are all centered on elevating positive energy, continuously inspiring learners across the globe.

As the spiritual mentor of the global Super Life Secret Codes system and the founder of Richest Life, Master Ted Sun emphasizes “love and gratitude” as the core of his teachings. He advocates self-cultivation and virtue, guiding individuals toward harmony and balance in mind, body, and soul. His teaching style is accessible, practical, and verifiable, enabling people from diverse cultural backgrounds to experience noticeable results in a short period of time. Master Ted Sun was nominated for the Nobel Peace Prize in 2021, 2022, and 2023, and received the Outstanding Chinese in the Americas Award in recognition of his contributions to education, culture, and public welfare.

Over the past decade, he has conducted nearly a thousand lectures across Taiwan, the United States, Malaysia, Singapore, Hong Kong, and other regions. His events consistently draw full audiences and enthusiastic responses, continually inspiring a global movement of positive energy and helping more people establish a brighter and more constructive direction in life.

太阳盛德导师个人传记

MASTER TED SUN BIOGRAPHY

《邻家大男孩：太阳盛德传奇录》

The Boy Next Door: Master Ted Sun

本书以温暖而真挚的笔触，完整记录太阳盛德导师从一位平凡邻家男孩，走向国际舞台的心灵成长历程。书中首度公开导师数张珍藏多年的私人照片，真实重现他在生活起伏与命运转折中的历练与觉醒。

从年少的探索、内在的启蒙，到成为备受尊崇的身心灵导师与诺贝尔和平奖候选人，这是一段关于「自我超越」与「灵性实践」的旅程。透过导师的成长故事，读者得以看见一位智者如何以「爱与感恩」为核心信念，将生命的试炼化为慈悲的力量，进而启迪无数人心。

全书由天圆文化总编辑亲笔撰写，以长期跟随、细腻观察为基础，梳理导师人格养成的关键阶段与心灵证悟的艰辛历程。这不仅是一部个人传记，更是一部灵性启发的书籍——引领人们在现今纷扰的红尘中，重新找回内在的平静与光明。



本书影片介绍：



https://youtu.be/tRck_YhQVJQ

MASTER TED SUN BIOGRAPHY

The Boy Next Door: Master Ted Sun

Written with warmth and sincerity, this book traces the remarkable journey of Master Ted Sun, from an ordinary boy next door to an internationally respected spiritual mentor. For the first time, it reveals a selection of treasured photographs from Master Sun's personal collection, offering an intimate look into the moments of growth, reflection, and awakening that shaped his life.

From youthful exploration and inner awakening to becoming a highly regarded teacher of mind, body, and soul and a three-time Nobel Peace Prize nominee, this is a story of self-transcendence and spiritual realization. Through Master Sun's experiences, readers see how a wise teacher turns life's challenges into compassion and light, guided by his enduring belief in love and gratitude.

Written by the Editor in Chief of Richest Life, who has followed Master Sun's path for many years, this book captures the defining stages of his personal growth and spiritual insight. It is more than a biography, it is an inspiring guide that helps readers rediscover peace and light within themselves amid the fast pace of modern life.



Video Introduction to This Book:



https://youtu.be/tRck_YhQVJQ

奖项与殊荣

AWARDS & RECOGNITION



2021~2023 连续三年被提名「诺贝尔和平奖」

Nominated for the Nobel Peace Prize from 2021 to 2023

太阳盛德导师推广「爱与感恩」达成世界和平的理念之成就在世界上得到认可。太阳盛德导师提出以正能量协助忧郁症患者获得改善的观点，连续三年被提名「诺贝尔和平奖」，并获得美国国会议员Susie Lee、美国国会议员Ted Lieu、内华达州前州长Steve Sisolak及内华达州议员Rochelle T. Nguyen等颁发荣誉奖状，恭贺赞赏太阳盛德导师的成就。



In 2010, Master Ted Sun wrote his first book, Super Life Secret Codes, a life manual that reveal the secret codes, through Love and Gratitude, to manage personal energy in order to create a super extraordinary life. This book has become a global sensation and transformed people's lives all over the world.

Master Ted Sun's book, Say No to Depression, is a breakthrough in mental health and has been recognized and endorsed by Western and Chinese doctors to help people overcome chronic depression, anxiety, insomnia, and other mental health problems. He was awarded honorary certificates by U.S. Congresswoman Susie Lee, U.S. Congressman Ted Lieu, former Nevada Governor Steve Sisolak, and Nevada Assemblywoman Rochelle T. Nguyen, all of whom congratulated and complimented Master Ted Sun for his noble achievements.



内华达州参议员 Rochelle Nguyen 颁发荣誉奖状祝贺太阳盛德导师获得2023年诺贝尔和平奖提名

Nevada State Senator Rochelle Nguyen presents an honorary Certificate of Appreciation to Master Ted Sun for the 2023 Nobel Peace Prize nomination.



美国众议员 Susie Lee 颁发荣誉奖状祝贺太阳盛德导师获得2023年诺贝尔和平奖提名

U.S. Congresswoman Susie Lee presents an honorary Certificate of Special Recognition to Master Ted Sun for the 2023 Nobel Peace Prize nomination.





内华达州州长 Steve Sisolak 颁发荣誉奖状祝贺太阳盛德导师获得2022年诺贝尔和平奖提名

Governor of Nevada State Steve Sisolak presents an honorary Certificate of Recognition to Master Ted Sun for the 2022 Nobel Peace Prize nomination.



内华达州参议员 Rochelle Nguyen 颁发荣誉奖状祝贺太阳盛德导师获得2022年诺贝尔和平奖提名

Nevada State Assemblywoman Rochelle Nguyen presents a Certificate of Appreciation to Master Ted Sun for the 2022 Nobel Peace Prize nomination.



内华达州参议员 Rochelle Nguyen 颁发荣誉奖状祝贺太阳盛德导师获得2021年诺贝尔和平奖提名

Nevada State Assemblywoman Rochelle Nguyen presents a Certificate of Appreciation to Master Ted Sun for the 2021 Nobel Peace Prize nomination.



里程碑 MILESTONE



美国 USA
英国 UK
加拿大 CANADA
台湾 TAIWAN
香港 HONGKONG
马来西亚 MALAYSIA
新加坡 SINGAPORE
中国 CHINA
澳洲 AUSTRALIA
泰国 THAILAND
澳门 MACAU
南非 SOUTH AFRICA

- 2012年
美国天圆文化总部成立
Richest Life USA Headquarters Established
- 2015年
台湾天圆文化总部成立
Richest Life Taiwan Headquarters Established
- 2016年
马来西亚天圆文化总部成立
Richest Life Malaysia Headquarters Established
- 2020年
新加坡天圆文化总部成立
Richest Life Singapore Headquarters Established
- 2021年
全球各中心陆续成立
Richest Life Centers Established Across the World

天圆文化全球光之源据点

RICHEST LIFE GLOBAL LIGHT CENTERS



- | | | | |
|------|---------|--------------|------|
| 台北 | 马来西亚檳城 | 美国 LA | 香港观塘 |
| 台中 | 马来西亚吉隆坡 | 美国Las Vegas | 香港葵芳 |
| 彰化 | 新加坡 | 美国SFO | 北京 |
| 高雄 | 南非 | 美国TX | 上海 |
| 台北艺术 | 澳门 | 加拿大Vancouver | 深圳 |
| 彰化艺术 | 英国伦敦 | 澳洲 | 广州 |

媒体报导 MEDIA COVERAGE

太阳盛德导师为国际著名身心灵导师，曾多次亲身接受台湾、新马各大媒体专访，其中不乏广播电台、电视台及报章杂志等，致力传扬正向思维，散播「爱与感恩」的理念与价值观。

Master Ted Sun, a world-leading expert in energy management and a renowned speaker on mind, body, and soul wellness, has been featured in major media outlets across Taiwan, Singapore, and Malaysia, including radio, television, newspapers, and magazines. In these interviews, Master Sun shared inspiring insights on positive thinking and personal growth, emphasizing the virtues and values of love and gratitude.



娛樂) 最新消息

太陽盛德傳遞單純的快樂 許景淳將獻唱

2018/12/08 06:00



太陽盛德將音樂療育結合文字，為憂鬱症患者找到出口，
(記者胡愛翔攝)

〔記者林政平／台北報導〕華裔美國人太陽盛德有「音樂卡內基」封號，8年前出版的書籍《超級生命密碼》，在全球創下百萬本的銷售量，新書《向憂鬱說NO》，以音樂療癒結合文字，為憂鬱症找到出口，獲廣大迴響，他說：「這不是心靈音樂，我的創作來自當下，純粹的靈感透過簡單的音符傳遞單純的快樂！」

提到音樂創作，太陽盛德笑說讀書時最怕上的就是音樂課，直到遇到生命導師，才開始對人生有了新的領悟，曾經5分鐘就創作1首歌，創作元素一定包含愛與感恩，希望灌注愛的正向能量音樂創作，能融化受傷的心靈。

天圆志工

GLOBAL VOLUNTEER TEAM

「天圆志愿者」是一群以服务社会、传递正向价值为使命的志工，致力于推动关怀、和平与共好，协助更多人精进成长，活出圆满的幸福人生。

The Global Volunteer Team from Richest Life is a group of dedicated individuals who serve with compassion and purpose. They are committed to spreading positive values, supporting communities, and empowering others to live fulfilling and meaningful lives.



当人心归圆，天地自和；当使命启动，收圆自成。

When the heart aligns, Heaven and Earth harmonize;
when the mission arises, all is complete.

「日月已经开始在执行天地的圣务，在地球道场完
成为天收圆的使命。」这句话揭示了天圆志工协助
天地收圆的核心精神——顺天应时，承天行化，让
每一份接引行动、每一次心灵共振，皆成为宇宙圣
务的一部分。



“The sun and moon have begun carry-
ing out the Universe’s sacred mission
on Earth.” This statement reflects the
core spirit of the Richest Life Global
Volunteer Team, aligning with the will
of the Universe and carrying out its divine
work through every act of service and
heartfelt resonance.

公益实践纪录

LOVE IN ACTION

让「爱与感恩」走进世界的每一个角落

Let love and gratitude reach every corner of the world.

救护车暨消防车捐赠计画

Ambulance and Fire Truck Donation Program

年份 | 2024起持续进行

地点 | 台湾、马来西亚及其他需要的地区

成果 | 捐赠救护与消防车辆予地方单位，提升紧急医疗与救援能量，让关键时刻多一分即时的守护，为生命争取更多希望。

Year | Ongoing since 2024

Locations | Taiwan, Malaysia, and other regions in need

Impact | Donate ambulances and fire trucks to local agencies to strengthen emergency medical response and rescue services. Ensure faster response during critical moments and bring greater hope in saving lives.



爱心捐血公益行动

Blood Donation Initiative

年份 | 历年持续进行

地点 | 从台湾发起

成果 | 一次次捐血行动，串起无数陌生人的善意，
让「愿意付出」成为生活中自然发生的温暖选择。

Year | Ongoing

Location | Initiated in Taiwan

Impact | Each blood donation event brings people together through simple acts of kindness. By encouraging the willingness to give, these events make compassion a natural and heartwarming part of everyday life.



社区健康与幸福关怀

Community Health & Well-Being Care Program

年份 | 2023起持续进行

地点 | 台湾、海外据点

成果 | 透过健康推广与正能量活动，陪伴人们照顾身心，
让幸福慢慢回到生活，成为日常的一部分。

Year | Ongoing since 2023

Locations | Taiwan and overseas centers

Impact | Support community well-being through health education and positive-energy activities. Encourage care for both body and mind, helping well-being return naturally to daily life.



国际线上公益交流与共修

Global Online Workshop & Group Practice

年份 | 长期进行

地点 | 全球线上

成果 | 透过跨国交流与共修，让善意跨越距离，成为支持彼此前行的力量。

Year | Ongoing

Location | Online worldwide

Impact | Connect people across the world through interactive workshops and group practice. Cultivate shared good by turning kindness into a collective force that transcends distance and supports personal growth and forward movement.



天圆志工行动

Richest Life Volunteer Service Initiative

年份 | 长期投入

地点 | 全球光之源据点

成果 | 一群愿意付出的人，走进社区、走进世界，把「爱与感恩」化为实际行动，让善行持续流动。

Year | Long-term commitment

Locations | Global Richest Life Centers

Impact | Engage dedicated volunteers in community outreach worldwide. Put love and gratitude into action through ongoing service, creating lasting positive impact across the world.

天圆文化相信，当一颗心真正被滋养，它会自然想把光带给世界；
每一项公益行动，都是「爱与感恩」在生活中静静发生的力量。

Richest Life believes that when the heart is truly nourished, it naturally seeks to bring light to the world.
Every meaningful action becomes an expression of love and gratitude in everyday life.

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AND THE NEXT PERSON TO TRANSFORM THEIR LIFE COULD VERY WELL BE YOU.



若心再次有了回响，愿这份讯息带你与我们相遇。

If this message resonates with your heart, we hope it leads you to us.

國家圖書館出版品預行編目(CIP)資料

翻转人生就从这里启程 = Begin your new life
journey right here / 太阳盛德作. -- 初版. -- 臺北市：
香港商天圆文化諮詢顧問有限公司台灣分公司, 2026.02
面；公分
翻轉人生就從這裡啟程
ISBN 978-626-7670-49-1(平裝)
1.CST: 成功法 2.CST: 靈修

177.2

115000770

翻转人生 就从这里启程

作 者 / 太阳盛德
策 划 / 天圆文化机构
编 辑 / 天圆全球志工文字美编团队
出版发行 / 香港商天圆文化咨询顾问有限公司台湾分公司
地 址 / 100台北市重庆南路一段10号11楼1106室
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法律顾问 / 德承法律事务所
版 次 / 2026年 02 月初版
定 价 / 赠阅

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Printed in Taiwan



本书籍使用FSC™认证环保纸张并采用环保大豆油墨印刷

05-000G-20260319-0002

以勇气启程，以希望前行。

当人生停在原地，你需要的不是更多道理，
而是一条真正能带你走出去的路。

《翻转人生 就从这里启程》

带你看见突破困境的另一种可能。

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从此刻开始，你就能为自己作出新的选择。

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**BEGIN WITH COURAGE,
AND MOVE FORWARD WITH HOPE.**

When life comes to a standstill, what you need isn't more advice,
but a path that truly leads you forward.

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opens a new possibility for breaking through your challenges.

It has helped countless people restart their lives
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From this very moment, you can choose a new beginning for yourself.

**START YOUR TRANSFORMATION
RIGHT HERE.**

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ISBN:9786267670491



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