



翻轉人生 就從這裡啟程

BEGIN YOUR NEW LIFE JOURNEY

RIGHT HERE.



天圓文化
RichestLife

天圓行天下 ● 天下共一家

Richest Life Universe

Together As One

為什麼你已經拼到極限，
人生卻愈拼愈沉重？

WHY IS IT THAT EVEN WHEN YOU GIVE EVERYTHING YOU HAVE,
LIFE KEEPS GETTING HEAVIER?

跌到谷底時，你需要的不是說教，
而是一個懂你的人。

WHEN YOU HIT ROCK BOTTOM, YOU DON'T NEED SOMEONE PREACHING—
YOU NEED SOMEONE WHO TRULY UNDERSTANDS.

家庭、健康、關係、財富，
為什麼總有一道堵住你的牆？

FAMILY, HEALTH, RELATIONSHIPS, FINANCES—
WHY IS THERE ALWAYS A WALL YOU
JUST CAN'T SEEM TO BREAK THROUGH?



**人生最怕的不是卡住，
而是沒有出口。**

**THE GREATEST FEAR IN LIFE ISN'T
GETTING STUCK—IT'S HAVING NO WAY OUT.**



**當方向正確時，
改變真的會發生。**

**WHEN YOU'RE HEADED IN THE
RIGHT DIRECTION, REAL CHANGE BEGINS.**

**以下這些故事，是他們走出黑暗、
找到新人生的證明。**

**THE STORIES THAT FOLLOW ARE PROOF THAT PEOPLE CAN WALK
OUT OF THE DARKNESS AND STEP INTO A NEW LIFE.**

超級生命密碼系統是什麼？

WHAT IS THE SUPER LIFE SECRET CODES SYSTEM?

這套系統不僅僅是知識，更是一把打開幸福人生的鑰匙，以「愛與感恩」為核心，結合心理覺察與能量管理，透過實修步驟改善生活層次，全面提升靈性與能量，重新獲得富足圓滿的人生。

This system is more than knowledge; it is a key to unlocking a happy life. Centered on “love and gratitude,” it integrates psychological awareness and energy management. Through practical methods, it elevates one’s quality of life, enhances spiritual and energetic growth, and leads to a more abundant and fulfilled life.

1. 它解決什麼問題？ What problems does it solve?

- * 壓力與情緒困擾 Stress and emotional struggles
- * 家庭與人際關係緊張 Tense family and relationship issues
- * 健康與活力下降 Declining health and vitality
- * 生活失去方向或動力 Feeling lost or stuck in life

2. 它如何做到？ How does it work?

- * 覺察心念與情緒模式 Becoming aware of thoughts and emotional patterns
- * 透過心法練習調整與轉化能量 Realigning and transforming energy through guided practices
- * 在生活中實踐「愛與感恩」
Applying Love and Gratitude in daily life

3. 誰適合？ Who is it for?

- * 希望改善情緒與壓力的人 Anyone who wants to relieve stress and emotional burden
- * 想提升家庭與人際關係者 Those seeking better family and relationship harmony
- * 追求身心健康與幸福生活者 People pursuing holistic health and a happier life
- * 想為人生找到方向的人 Individuals looking for clarity and direction in life

超級生命密碼系統

ABOUT SUPER LIFE SECRET CODES

「超級生命密碼系統」是一套以身心靈整合與能量管理為核心的成長系統，結合心理覺察、情緒調節與正向行為養成，協助個人提升情緒韌性、改善人際關係並建立健全的生活模式。系統透過循序漸進的心法練習與日常落實，使學員能有效提升正向能量、降低壓力反應，並逐步改善生活中反覆出現的困境。

以「愛與感恩」及「修身立德」為核心價值，系統鼓勵透過善意行動與心念調整帶動內在改變，使個人更容易保持情緒平衡、開啟思維與智慧，進而達成身心靈整合與幸福感提升。



The Super Life Secret Codes System is a growth system centered on mind, body, and soul integration and energy management. It combines psychological awareness, emotional regulation, and the development of positive behavioral habits to help individuals enhance emotional resilience, improve interpersonal relationships, and establish a healthy and positive lifestyle.

Through progressive mindset practices and consistent daily application, the system enables participants to effectively increase positive energy, reduce stress responses, and gradually resolve recurring challenges in life.

With Love and Gratitude, as well as self-cultivation and moral development, as its core values, the system encourages inner transformation through kind actions and mindful adjustments. This approach allows individuals to maintain emotional balance more easily, expand their perspective and wisdom, and ultimately achieve mind, body, and soul integration and a greater sense of happiness and fulfillment.

超級生命密碼系統的三大優勢

ABOUT SUPER LIFE SECRET CODES

協助每個生命找到光源、能量與方向，活出幸福、平衡與圓滿。

Help every individual find their source of light, energy, and direction, allowing them to live with happiness, balance, and fulfillment.

1. 科學化 × 系統化 × 可複製 (Scientific × Systematic × Replicable)

以能量場運作原理為基礎，透過思維覺察、能量轉化與心法練習，引導學員建立正向能量場。方法簡單、可操作、可測試、可印證，任何人都能在短時間內複製效果。

Based on the principles of energy-field dynamics, this method uses mindful awareness, energy transformation, and guided practices to help participants build a positive energy field. It is simple, practical, testable, and verifiable, allowing anyone to replicate the results in a short time.

2. 古今智慧 × 現代實踐 (Ancient Wisdom × Modern Practice)

以現代語言重新詮釋古往今來的生命智慧，強調思維、行為與能量的連動，人人都能理解、落實、受益。

Timeless principles translated into practical, modern applications that anyone can understand and adopt.

3. 整合 × 心靈成長 × 全球生態系 (Integrated × Spiritual Growth × Ecosystem)

跨平臺學習體系：書籍、音樂、APP、讀書會、共修直播等，多平臺學習增強實作深度，隨時隨地都能自我調整，大幅提高成功率，形成完整的「自我成長導航」。

A comprehensive ecosystem—books, music, app, global livestream classes, workshops—for continuous personal growth.

天圓文化全球學員見證

GLOBAL TESTIMONIALS

這是一個已被無數人驗證的系統

This is a system proven by countless real-life transformations.

每個故事，都是一段穿越；它不會從完美開始，總是從一道裂縫展開。

穿越迷惘、穿越困境、穿越那個以為不會改變的自己；有人在婚姻裡跌倒，有人在健康裡迷路，也有人在關係與失落裡找不到出口。他們和你一樣，也曾猶豫、害怕、停滯；但只是一個選擇，就改變了接下來的人生方向。

這些見證來自世界各地，證明了一件真實不虛的事：改變從來不是偶然，只要你願意開始，人生就會走向光亮。

Every story is a passage through. It never begins from perfection—it always starts from a crack of light.

Through confusion, through hardship, through the part of you that once believed nothing would ever change. Some stumbled in marriage, some lost their way in health, and others could find no exit in relationships and sorrow. They hesitated, feared, and stopped—just like you. But a single choice shifted the direction of their lives.

These testimonies come from across the world, and they reveal one undeniable truth: change is never an accident. As long as you are willing to begin, life will move toward the light.

下一個故事也可能是你；改變會發生在願意開始的那個人身上。
The next story could be yours. Change happens to the one who is willing to begin.



YouTube學員見證



學員分享見證

愛的能量正在改變世界

The power of love is transforming the world.

這些動人的故事，不只是個人命運的翻轉，更是「愛的能量」在世間綻放的光芒。每一位學員的分享，在在印證同一件事：當人心回到真、善與愛，幸福就會自然湧現。

超級生命密碼系統所傳遞的，從來不只是知識，而是一種覺醒——喚起內在能量，提升靈命的層次。全球無數人正在運用「愛與感恩」這股宇宙能量，改變生活、修復關係，也為世界注入希望與平和。

這就是天圓文化與志工共同的使命：讓愛遍灑人間，讓幸福成為靈魂最自然的狀態。







These moving stories are not merely personal transformations, but the light of love unfolding in this world. Each testimony reveals the same truth: when the heart returns to truth, goodness, and love, happiness arises naturally.

The Super Life Secret Codes system is not just knowledge, it is an awakening that activates inner energy and elevates the soul. Across the globe, countless people are using the universal power of "Love and Gratitude" to transform their lives, heal relationships, and bring hope and harmony to the world.

This is the shared mission of Richest Life and its volunteers: to let love spread across the human world, and let happiness become the soul's most natural state.









全球學員心得摘錄







主題	標題	內容	學員簡介
金錢財富 	5年還清1億債務	2015年公司負債達1億臺幣，當時太痛苦一度想結束生命，每天睜開眼就被債務追著跑，沒想到開始如法實修後，有廠商願意繼續購貨、遇貴人支持投入高額資金，讓公司起死回生，短短5年還清債務！	臺灣學員 Stanley Liu 電腦筆電ODM
金錢財富 	老闆不斷加薪 累積滿滿現金	過去投資股票，財富幾乎都歸零，負債千萬，房貸、學貸、車貸，讓人喘不過氣，且工作上即使成績亮眼客戶滿意，老闆仍然嫌棄。實作心法後，不但經常獲得老闆稱讚還持續升官加薪，不靠投資5年內還清負債，累積8位數資產！	加拿大學員 Carrie 全球產品永續總監
事業運開 	能量讓主副業 收入全部大爆發	排斥超級生命密碼系統5年的我，如法實修後生意竟轉虧為盈，年營收千萬美元！房仲副業從零起步成交2,000萬美元大案，客戶更持續介紹頂級客戶！正確的選擇勝過一切，打開心門，讓正能量開始運作才是王道！	美國學員 Ryan 房地產
事業運開 	想踢館，實驗後 竟營收破千萬	為了阻止媽媽的叨唸勸說，我帶著踢館的心態加入超級生命密碼系統實修，結果業績暴衝20萬！軍中霸凌解套、創業年營收達8位數且一再翻倍成長！30歲前買房、幫爸爸換車、現在跨足火鍋業。親身踢館實證結果：心法成效不同凡響！	臺灣學員 劉O生 網路創業家
身心健康 	吸引到貴人醫師 皮膚炎改善	國中起，我便受異位性皮膚炎所擾，只能依賴類固醇控制，長達20多年。實作心法後不久，遇到一位非常有經驗的中醫師，透過針灸調理體質，現在不需要吃藥，皮膚狀況明顯改善，感恩心法讓我遇見貴人醫師！	臺灣學員 林O誼 補教業
身心健康 	心法協助遇良醫 母親脊椎痊癒	媽媽因跌倒傷到脊椎，半年看遍中西醫仍無效，我和姊姊心急如焚。幸好媽媽打開心門，加深實作心法的力道，真的遇到合適的醫師！媽媽現在恢復良好還能出國旅遊。打開心門後的心法能量真的不同凡響！	馬來西亞學員 陳O霏 行政人員





Richest Life Transformation Stories

Category	Title	Content	Participant Info
Wealth & Abundance 	Cleared 100 Million in Debt in 5 Years	In 2015, my company was burdened with debts totaling 100 million TWD. The stress was unbearable, and I even considered ending my life. Every day began with being chased by debt. But after sincerely practicing the Super Life Secret Codes methods, everything began to change. Suppliers continued to order, benefactors appeared and invested large sums, and my company miraculously came back to life. In just five years, all debts were fully repaid!	Stanley Liu, Taiwan — Computer and Laptop ODM Industry
Wealth & Abundance 	Continuous Promotions and Salary Raises, Building Wealth Steadily	I used to lose almost all my money in stock investments, accumulating debts of over 10 million TWD, with heavy burdens from housing, education, and car loans. After practicing the Super Life Secret Codes methods, my boss not only praised me but kept promoting and giving raises. Without relying on investments, I paid off all debts within five years and built an eight-figure savings!	Carrie, Canada — Global Director of Product Sustainability
Career & Success 	Breakthrough in Both Main and Side Businesses	I resisted the Super Life Secret Codes system for five years, but once I began sincere practice, my business turned from loss to profit, reaching annual revenue of 10 million USD! My real estate side business also boomed from zero to closing deals worth 20 million USD, with top clients continuously referred to me. Opening my heart and letting positive energy flow became the true path to success!	Ryan, USA — Real Estate Industry
Career & Success 	From Skepticism to Million-Dollar Success	I joined the system just to prove my mother wrong. To my surprise, my performance skyrocketed by 200,000! Workplace bullying was resolved, my startup achieved an eight-figure annual revenue, and kept doubling. Before turning 30, I bought a home, gifted my father a car, and expanded into the restaurant business. I personally witnessed the extraordinary power of Super Life Secret Codes!	Liu, Taiwan — Online Entrepreneur
Health & Wellness 	Found a Doctor Who Healed Long-Term Skin Condition	Since junior high, I suffered from eczema for over 20 years and relied on steroids to manage it. After practicing the Super Life Secret Codes methods, I met an experienced Chinese medicine doctor who treated me through acupuncture and internal adjustment. Now I no longer need medication, and my skin has improved dramatically.	Lin, Taiwan — Education
Health & Wellness 	Mother's Spine Healed After Months of Pain	My mother injured her spine after a fall and sought medical help for six months with no improvement. My sister and I were extremely worried. Fortunately, after she opened her heart and practiced the methods more diligently, she met the right doctor. Her recovery was remarkable, and she can now travel abroad again. The energy shift after opening one's heart is truly powerful!	Chen, Malaysia — Administrative Staff

主題	標題	內容	學員簡介
家庭和樂 	心法讓婚姻冰點回春 甜如初戀	過去天天和先生吵架，我每天像個怨婦，他猶如冰塊般，連衣服品味都能吵翻天，彼此看不順眼很想離婚。開始實作心法後心念轉變，和先生愈來愈甜蜜，天天都像初戀，他還會主動負擔許多開銷支出，宇宙能量心法真的太棒了！	臺灣學員 翁O禪 公務員
家庭和樂 	結束九年異地生活 與家人團聚	多年因工作關係無法與家人同住，心中思念不已。開始實作心法後，竟被調至新的工作單位上班，九年來首度與太太、子女團聚！每天能在最珍惜的人身邊生活，是我多年以來最大的幸福，感恩心法的幫助！	馬來西亞學員 許O成 神經外科醫師
愛情桃花 	單身30年 心法牽線遇正緣	從小內向害怕與人互動，快30歲還沒交過女朋友，努力改變自己，長達6年無明顯突破，直到開始實作心法，一年後就遇到心儀對象，一路交往到結婚，五年零爭吵，育有可愛女兒，感恩心法帶來的幸福。	臺灣學員 呂O憲 印刷包裝操作員
愛情桃花 	靠心法斷前緣 遇正緣步入婚姻	開始如法實修後，長達2年的感情糾纏竟在短短幾週和平分手！接著很快遇到現在的先生，在他一年的溫馨接送下，發現彼此性格契合，價值觀相近，最終決定攜手步入婚姻，結婚至今多年家庭幸福美滿！	臺灣學員 吳O玲 郵局員工
學習覺醒 	中後段逆轉 考上臺中第二志願	我國中讀私校，國一到國三上，班排成績都在中後段，沒想到開始實作心法後，明顯感覺自己會念書了，填前三志願時老師覺得我異想天開，結果高中會考拿到5A4+、作文5級分，考上臺中第二志願！	臺灣學員 柯O恩 學生
學習覺醒 	數學變強了 還全部科目都拿優	我的數學一直都很弱，小學三年級上學期前都拿乙，進入超級生命密碼系統學習後，三下數學竟然拿到甲還當上數學小老師！四年級突然全部科目都拿優！非常謝謝超級生命密碼系統幫助我打開讀書的開關！	臺灣學員 張O馨 學生








YouTube學員見證



學員分享見證



Category	Title	Content	Participant Info
Family Harmony 	Marriage Rekindled, Love Like the First Day	My husband and I used to argue constantly and had grown emotionally distant. After practicing the Super Life Secret Codes methods, my mindset changed, and our relationship was rekindled. Now every day feels like the sweetness of our first love, and my husband even takes the initiative to care for the family. The Universe's energy truly works wonders!	Weng, Taiwan — Government Employee
Family Harmony 	Reunited with Family After Nine Years Apart	My work had kept me separated from my family for many years. After practicing the system, I was reassigned to a new unit, finally reuniting with my wife and children after nine years apart. Being able to spend every day with the ones I love is the greatest happiness I could ask for.	Hsu, Malaysia — Neurosurgeon
Love & Relationships 	Found True Love After 30 Years Single	I was shy and socially awkward since childhood, and by age 30 had never been in a relationship. A year after practicing the Super Life Secret Codes methods, I met my ideal partner. We've been together for five years now, never argued, and have a lovely daughter. I'm deeply grateful for the happiness this system brought me!	Liu, Taiwan — Printing & Packaging Operator
Love & Relationships 	Letting Go of the Past, Finding True Love	After sincerely practicing the Super Life Secret Codes methods, a two-year entangled relationship peacefully ended, and soon I met my current husband. After a year of dating, we realized our personalities and values aligned perfectly, so we married and now enjoy a happy, harmonious family life.	Wu, Taiwan — Postal Worker
Academic Awakening 	From Struggling Student to Top School Admission	My grades were always in the lower half of the class during middle school. After practicing the Super Life Secret Codes methods, my learning ability and focus improved significantly. I was admitted to my second-choice high school. My teachers were amazed by my transformation, and I'm thankful the system helped me regain confidence!	Ke, Taiwan — Student
Academic Awakening 	Improved Grades and Confidence in All Subjects	I used to struggle in math, but after joining the system, not only did I earn top grades, I was even chosen as a student tutor. From fourth grade onward, I received top marks in every subject. I'm grateful to the Super Life Secret Codes system for helping me rediscover the joy of learning!	Chang, Taiwan — Student



YouTube 學員見證



學員分享見證

入門必修經典 《超級生命密碼》

ABOUT SUPER LIFE SECRET CODES

量身訂做太陽般光彩，深獲宇宙豐盛的祝福，道出浩瀚星空的殷殷期許。帶領你拾起宇宙能量，改變生命地圖，承運光的祝福，啟動生命奇蹟！在你開啟本書密碼的同時，永恆生命的智慧與寧靜即將一一展開。活用並持有本書能量，生命即已圓滿，輕鬆擁有密碼之妙，解開自身所有的難題，揭開生命祕密，即得重生樂趣。2010年十月出版至今，已熱銷百萬冊，曾榮登博客來網路書店百大暢銷書排行榜第九名，全球讀者因此而受益已不計其數！

The Super Life Secret Codes is a life manual and daily guide that helps readers take charge of their lives through effective energy management. As you discover the Secret Codes and learn to apply them, you awaken the power of universal energy, transforming your life's path and embracing the blessings of light that ignite miracles.

Through these teachings, you will gain the wisdom to realign your thoughts and energy, overcome challenges with ease, and experience true joy, peace, and abundance. Beyond personal transformation, you also become a source of positive energy, radiating happiness and harmony from your family to your community.

Since its publication in October 2010, The Super Life Secret Codes has sold over one million copies and ranked among the Top 10 Bestsellers on Books.com.tw, inspiring countless readers around the world.



太陽八段錦

THE SUN ENERGY BADUANJIN PRACTICE

天圓文化太陽八段錦是一套結合身、心、靈三位一體的能量調理法。以簡易、溫和的動作，引導身體氣血循環順暢，同時在心念與意識層面達到沉澱、放鬆與和諧。透過太陽能量的引導，八段錦的每一式皆能協助調節身心狀態、提升正向頻率，讓學員在日常中即可輕鬆實修，達成能量補充、情緒平衡與內在安定的效果。這是一套適合各年齡層的全方位能量練習，亦是許多學員維持身心和諧的重要方法。

The Richest Life Sun Energy Baduanjin Practice is a holistic energy-balancing practice that integrates the body, mind, and soul. Through simple and gentle movements, it promotes smooth circulation of energy and blood while guiding the mind into a state of clarity, relaxation, and harmony. With the support of the Sun energy, each section of the Baduanjin helps adjust physical and emotional states, elevate positive frequency, and restore inner balance. It is a practical daily practice suitable for all ages, and has become an essential method for many participants to maintain overall well-being and energetic harmony.



<https://reurl.cc/QVbA85>

天圓的核心價值

THE CORE VALUES OF RICHEST LIFE

1. 愛與感恩 Love & Gratitude

以愛為出發、以感恩為回應，建立正向互動循環；透過「愛與感恩」的思維與行動：緩和情緒與人際衝突、增強幸福感與心理安全感、形成良善能量場與生活氛圍。

Cultivating a positive cycle through love and gratitude, enhancing emotional harmony and overall well-being.

2. 修身立德 Self-Cultivation & Virtue

從內在品德與行為改善做起，帶動生命轉變，強調自我反省與自我提升、建立正向價值觀與生活態度、以善意行動影響周遭。

Improving character and mindset through self-reflection and positive actions that influence others.

3. 身心靈整合 Mind, Body, & Soul Integration

讓情緒、思維與生活行為達到一致與平衡，透過覺察與調整，使個人情緒更穩定、思考更清晰、行為更正向一致。

Achieving balance by aligning emotions, thoughts, and behaviors for greater clarity and stability.



4. 能量管理 Energy Management

提升正向能量、降低負面影響，改善生活狀態，包含：調整心念與情緒、建立正能量習慣、化解生活困境與壓力反應。

Strengthening positive energy and reducing negative influences to improve life conditions and resilience.

5. 實修落地 Practical Application

強調可操作、看得見成果的生活實踐，透過心法練習、日常落實、具體行動，讓理念真正轉化為生活改變。

Turning concepts into real results through daily practice and actionable methods.

6. 共好與公益 Collective Well-Being & Service

將個人成長延伸為社會正向力量，包含：公益活動、志工服務、社會關懷行動，讓「愛與感恩」在社會中擴散、流動。

Extending personal growth to benefit society through charity, volunteering, and community care.



為什麼全球百萬人信任天圓文化？

WHY MILLIONS TRUST RICHEST LIFE

因為真實、有效、溫暖，天圓文化成為全球無數人生命中的光源。

Because it is real, effective, and heart-centered, Richest Life has become a source of light for millions around the world.

1. 實證有效的能量系統（Proven Transformations）

超級生命密碼系統已被全球百萬人實修印證，從情緒改善、家庭和諧、事業成長、健康提升到財務翻轉，都有大量真實案例。

The Super Life Secret Codes system has transformed the lives of millions worldwide, with real testimonials demonstrating breakthroughs in health, relationships, career, and abundance.

2. 國際級導師的專業帶領（World-Class Guidance）

太陽盛德導師擁有十多年教學經驗，著作 70 多本、創作 170 多首正能量歌曲，並三度被提名諾貝爾和平獎。

With decades of experience, Master Ted Sun has authored over 70 books, composed more than 170 positive-energy songs, and been nominated for the Nobel Peace Prize for three consecutive years.

3. 非宗教、跨文化、具通俗性 (Non-religious, cross-cultural, and accessible)

天圓文化不屬任何宗教，價值觀以「愛與感恩」為核心，能跨越年齡、文化、教育背景，被全球人士接受。

Richest Life is not affiliated with any religion. Its universal principles of Love and Gratitude resonate across cultures, making it accessible to all ages and backgrounds.

4. 完整而多元的學習生態系 (Integrated Learning Ecosystem)

從書籍、APP、音樂、共修、講座到讀書會，提供持續、完整、可自我導航的學習支持。

A complete ecosystem—including books, APP, music, global livestream classes, workshops—supports continuous personal growth.

5. 全球據點與穩定組織 (Global Presence & Credibility)

天圓文化在美國、臺灣、新馬、香港、中國、加拿大、澳洲等地皆有據點與活動，擁有穩定成長的國際組織。

With centers across the US, Taiwan, Malaysia, Singapore, Hong Kong, China, Canada, and Australia, Richest Life maintains strong global credibility.

6. 公益精神與實際貢獻 (Social Impact & Compassion)

捐血、救護車捐贈、志工服務等公益活動，展現「愛與感恩」的實踐力與社會價值。

Richest Life actively contributes to society through charity events, blood donation campaigns, ambulance donations, and volunteer projects.

主要業務範疇 CORE AREAS OF SERVICE

1. 研討會 Seminars

以主題式研討方式深化覺察、理解生命議題，協助建立正向思維與能量調整。

Topic-based seminars that deepen awareness, explore life themes, and guide participants toward positive thinking and energy alignment.

- * 深度覺察 Deep self-awareness
- * 主題引導 Guided thematic exploration
- * 心念調整方法 Mindset adjustment methods

2. 讀書會 Study Groups

共同閱讀、討論超級生命密碼系列書籍，讓概念真正落實於日常生活。

Collaborative reading and discussion of the Super Life Secret Codes book series to help integrate concepts into daily life.

- * 共學分享 Shared learning and discussion
- * 深度理解 Deeper comprehension
- * 落實生活應用 Practical daily application

3. 共修活動 Practice Circles

以「愛與感恩」為核心的團體實修場域，透過正能量共振加速情緒與心念調整。

Group practice sessions rooted in Love and Gratitude, providing positive resonance that supports emotional and mindset alignment.

- * 能量共振 Energy resonance
- * 情緒調和 Emotional balancing
- * 心念再聚焦 Mindset refocusing

4. 企業主題分享 Corporate Sharing

從情緒管理、壓力調節與身心平衡切入，協助企業打造正向、高效文化。

Talks and sessions on emotional resilience, stress management, and well-being to foster a positive and effective workplace culture.

- * 情緒韌性 Emotional resilience
- * 職場溝通 Workplace communication
- * 健康工作氛圍 Healthy work environment

5. 出版品與音樂創作 Publications & Music

以書籍與音樂傳遞「愛與感恩」的力量，陪伴學員調整情緒與能量。

Books and music that convey Love and Gratitude, supporting emotional balance and energy elevation.

- * 書籍出版 Book publications
- * 音樂創作 Music production
- * 生活陪伴 Life-enriching support

6. 公益與社會關懷 Public Service

以實際行動回饋社會，將「愛與感恩」擴散到更廣的群體。

Community-focused initiatives that extend Love and Gratitude into broader society through action.

- * 公益活動 Charity events
- * 志工服務 Volunteer service
- * 社區關懷 Community care



天圓文化致力透過多元方式，協助有緣人把「愛與感恩」從理念轉化為行動與結果，在生活、家庭與生命狀態中，看見可轉化與可複製的正向改變，開創富足、和諧與長期幸福的人生旅程。

Richest Life is committed to helping individuals transform Love and Gratitude from concepts into practical actions and tangible results through a variety of learning and practice methods. We guide people to experience replicable and transformative positive changes in their daily lives, relationships, and overall well-being, creating a future filled with abundance, harmony, and lasting happiness.

看清人生難題，也就看見轉變的入口

When you see the real challenge, you will also see the doorway to change.

有時候人生不是缺方法，而是缺一盞能照亮前路的光。

超級生命密碼系統是一套從生活出發的實修方法，透過簡單的練習與調整，你可以從日常生活中重新整理思緒，釐清壓力根源，讓身心靈回歸平衡與自在。

你無需任何背景與知識，只要願意開始，就能看見生命逐漸轉變。有人修復了關係，有人找回健康與幸福；也有人重新啟動人生方向，活出全新的自己。

我們相信，每個人都能重新出發，只要踏出第一步，改變就會發生。

Sometimes, what life lacks is not another method, but a light that can illuminate the way forward.

The Super Life Secret Codes system is a practical approach that begins with everyday living. Through simple practices and gentle adjustments, you can reorganize your thoughts, clarify the roots of stress, and return your mind and heart to balance and ease.

You don't need any background or knowledge. As long as you are willing to begin, you will start to see your life transform. Some have restored relationships, some have regained health and happiness, and others have rediscovered their direction and created a new life.

We believe that everyone can start again. Take the first step, and change will follow.



學習平臺

LEARNING PLATFORM

1. 工具與資源 Tools & Resources

自己即可使用、馬上開始的入口，在世界任何的角落，天圓永遠與你同行。

A system that you can use immediately and start right away, no matter where you are in the world, Richest Life is here to walk with you.

- * 天圓文化系列叢書 Richest Life Book Series
- * 結緣書籍下載 Free Book Download
- * 正能量歌曲 Positive Energy Music
- * APP/廣播節目/影音 APP/Podcast/Videos
- * 全球網路共修 Online Classes

2. 線下活動 Offline Activities

走進現場，你會感受到陪伴與支持帶來的力量，讓生命悄悄翻轉。

Walking into the space, you will feel the strength brought by companionship and support, quietly transforming your life.

- * 精進交流會 Various Learning Groups
- * 圓滿人生菁英會 Perfect Life Elite Workshop
- * 愛與感恩奪標驚喜分享會 Love & Gratitude Success Sharing Workshop
- * 德香女人花菁英交流會 Virtuous Women's Elite Workshop
- * 超級富有交流會 Abundance Elite Workshop
- * 音樂饗宴 Concert
- * 實踐研討 Practice Workshop

天圓文化系列叢書

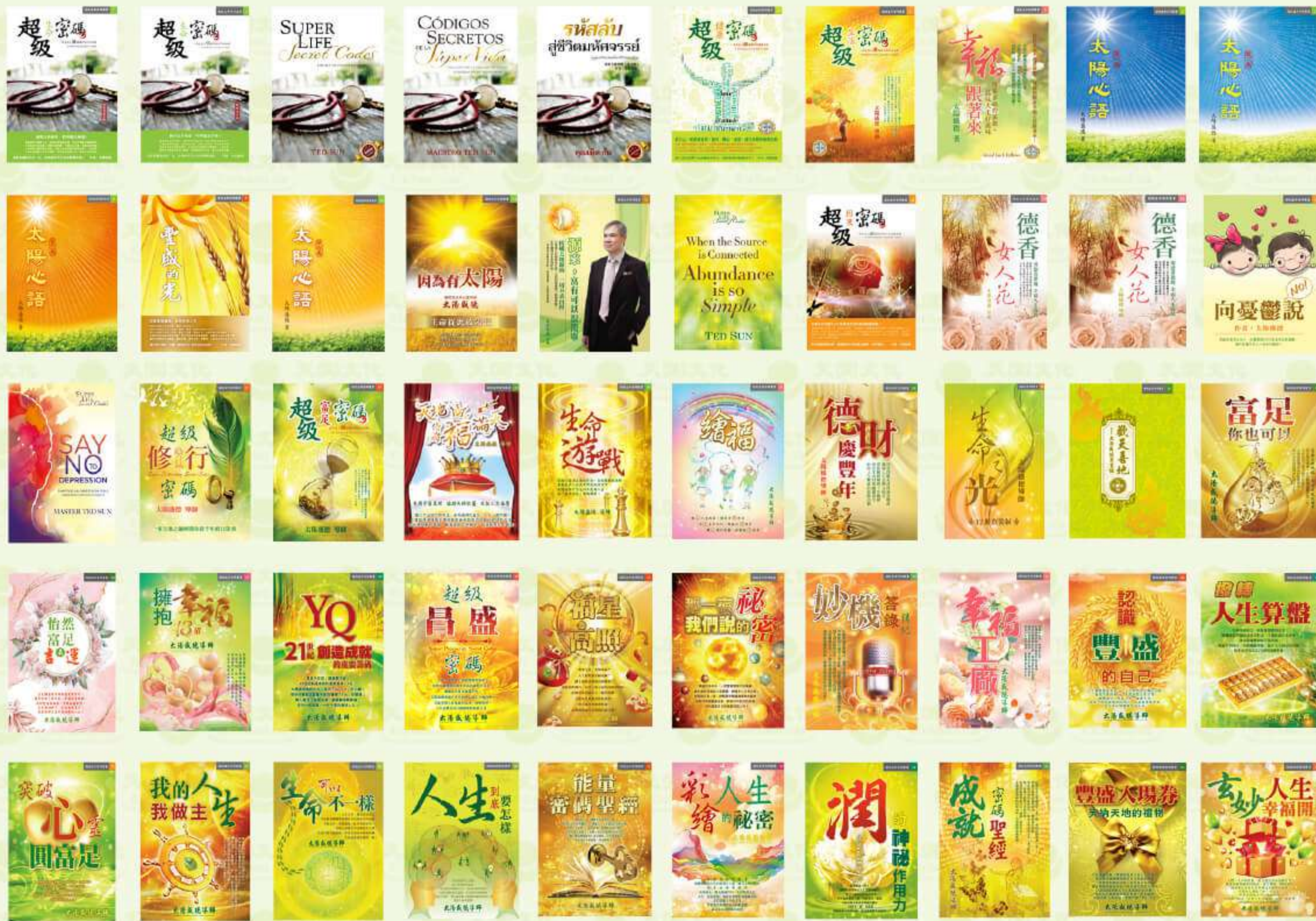
RICHEST LIFE BOOK SERIES

太陽盛德導師自2010年出版首部著作《超級生命密碼》以來，作品已被翻譯成18國語言，廣受全球讀者喜愛。至今已撰寫超過七十本天圓文化系列叢書，內容博大精深，涵蓋人生各層面課題，傳遞宇宙天地真理與待人處事的智慧哲學，是現代人不可或缺的精神糧食。

Since the launch of Master Ted Sun's first book, Super Life Secret Codes, in 2010, he has authored over 70 books in the Richest Life book series.

These books convey profound and practical life wisdoms in clear and simple words, covering all aspects of life's themes and challenges. They also impart the Universe's truths and the wisdom of interpersonal relationships, mind, body and soul wellness, serving as essential nourishment for people in modern life.





結緣書籍下載

FREE BOOK DOWNLOAD



《療癒泉力》太陽盛德 著

一本讓百萬讀者受惠的心靈之書。此刻，讓宇宙的祝福叩響你的心門，讓能量注入生命，開啟全新命運！



《助的祕密》太陽盛德 著

當你允許這些文字進入心中，你會聽見靈魂的回音。真誠發起「推送祝福行動」，讓每一天都幸福喜樂、豐盛滿滿。



《奪標》太陽盛德 著

太陽盛德導師送給全球青少年愛的期許，帶領你提升自身的配備，開啟奪標連連的人生新篇章。



《千年之約一》、《千年之約二》

——《超級生命密碼》讀者感悟實錄
集結全球讀者真實故事，見證《超級生命密碼》帶來的幸福與轉變。



免費ebook下載網址：

www.RichestLife.com/download/



結緣書轉印網頁：

- 臺灣地區: Print.RichestLife.com
- 新馬地區: Printsg.RichestLife.com

正能量歌曲

POSITIVE ENERGY MUSIC

音樂，是最溫柔也最深沉的療癒力量。太陽盛德導師以純淨的能量創作超過170首正能量歌曲，每一首旋律與歌詞都像是一帖溫暖的處方，陪伴你穿越人生風雨。

這些歌曲蘊含「愛與感恩」的力量，在你需要的時候提供安定、支持與希望。許多人在音樂的引導中釋放壓力、放下過去、重新感受到幸福與前進的力量。

讓音樂為你打開一扇窗，帶你走向更柔軟、更明亮的地方。

Music is one of the gentlest and most profound forms of healing. Infused with pure, uplifting energy, Master Sun has created over 170 original songs. Each melody and lyric becomes a warm prescription, gently accompanying you through life's storms.

These songs carry the power of love and gratitude, offering stability, support, and hope when you need it most. Many have released stress, let go of the past, and rediscovered happiness and strength through this music.

Let music open your heart, leading you toward greater gentleness and light.



APP/廣播節目/影音

APP / PODCAST / VIDEO

天圓行天下

Richest Life Universe APP

無論你身在何處，都能透過APP、廣播節目與影音內容，隨時隨地接收能量、提升覺察、調整心境。

正能量音樂、共修回放、指引分享、生活心法等等，讓學習不再受限制，也不再需要特別預備。只要打開手機或電腦，你就能獲得支持與陪伴，也能在日常中找到前進的方向。

這些平臺存在的主要用意——讓成長變得更輕鬆，也更靠近你。

No matter where you are, you can access our app, podcast, and video anytime. These offerings help uplift energy, deepen awareness, and restore emotional balance.

With positive music, online classes, guided insights, and everyday visualization meditation practices, learning becomes simple and accessible. Just open your phone or computer to receive support, encouragement, and guidance for daily life. The purpose of these platforms is clear.

To make personal growth easier and always within reach.



天圓文化官方網站 / YouTube頻道

Official Richest Life Website & YouTube Channel

如果你想更深入地認識超級生命密碼系統，官網與 YouTube 頻道都是你最容易開始的入口。

你可以在這裡找到書籍、講座、活動資訊、實修方法，以及全球最新的能量分享與指導內容。不論你目前處在哪一個階段，都能找到適合自己的方向與資源。

讓網路成為你的學習夥伴、靈感來源與支持力量，打開連結，就能離改變更靠近一步。

If you want to explore the Super Life Secret Codes system more deeply, the official website and YouTube channel are the easiest places to begin.

Here you'll find books, classes, events, practices, and the latest global content and teachings. Wherever you are on your journey, there is always a direction and resource here for you.

Let these platforms become your learning companion, inspiration, and support. Open the link, and you are already one step closer to change.



天機天圓機

Portable Energy Audio Player

天機天圓機集結導師歌曲與開示精華，讓你隨時都能立即充電與提升。

一鍵啟動高能量場，幫助你在關鍵時刻做出明智選擇。它不只是播放工具，更是加速成長與突破的人生推進器。

The Richest Life Audio Player brings together Master Sun's music and essential teachings, allowing you to recharge and elevate your energy anytime you need.

With a single touch, you can activate a high-vibration field that supports clarity and wise decisions in crucial moments. It's more than a device, it's a catalyst for growth and transformation in your life.



福到你家

Fortune To Your Home Podcast

幸福不必等待，它可以被帶到你家門口。

每週《福到你家》節目陪你探索人生課題，在健康、財富、家庭與關係中找到答案與方向。

這不只是廣播，也是心靈上的支持與陪伴。

Happiness doesn't have to wait. It can arrive at your doorstep.

Each week, the program explores life's essential topics—health, finances, family, and relationships—helping you find clarity and direction.

It's more than a podcast. It's support and companionship for your journey.



網路共修

ONLINE WEEKLY CLASS

不論你身在世界哪個角落，都能與導師一同學習與成長。

每一次共修，都是重新整理內在、調整能量與回到初心的旅程。有人因此走出了低潮，有人修復了關係，也有人重新找到方向與希望。

這不只是一堂課，而是一個充滿支持與陪伴的場域，讓你在生命的每一道關卡中，都能感受到——你不是一個人。



No matter where you are in the world, you can learn and grow together with the Master.

Each online class is a journey of restoring your inner balance, adjusting your energy, and returning to your true self. Some have walked out of emotional lows, some have healed relationships, and others have rediscovered direction and hope.

This is more than just a class. It is a space of support and companionship where you will feel, at every turning point in life, that you are not alone.

精進交流會

VARIOUS LEARNING GROUPS

圓滿人生菁英會

Perfect Life Elite Workshop

無論線上或線下，這裡都是一起成長的地方。

我們從導讀超級生命密碼叢書中，相互交流、分享與共振，讓每一次討論都成為滋養生命的養分。

邀請你加入菁英會，在支持與陪伴中，走向更圓滿的自己。

Whether online or in person, this is a space for growing together.

Through reading and exploring the Super Life Secret Codes book series, we share insights, reflections, and resonance—turning each discussion into nourishment for life.

We invite you to join the Elite Workshop, and walk toward a more fulfilled and complete version of yourself, supported and accompanied every step of the way.



愛與感恩奪標驚喜分享會

Love & Gratitude Success Sharing Workshop

以太陽盛德導師的智慧為核心，讓「愛與感恩」化為可實作的能量工具。在這裡，你會看見方法如何落地推進、如何轉化人生、如何創造成果。

透過分享與交流，我們一起突破框架、打開視野，成就個人與企業同步成長的豐盛之路。

Centered on Master Sun's wisdom, this workshop transforms "love and gratitude" into practical tools for real results. Here, you'll see how these methods take shape in everyday life—creating breakthroughs, success, and transformation.

Through sharing and collaboration, we expand perspectives and unlock potential, opening a path of abundance where both individuals and businesses can thrive.



德香女人花菁英交流會

Virtuous Women's Elite Workshop

「女人花」象徵著女性獨有的生命力量。以《德香女人花》的智慧為起點，透過修持「德」與「香」，讓心靈被溫柔灌溉，幸福在生命中盛開。

在這裡，我們一起學習幸福的因果法則，發現自己真正的價值與光彩，活出芬芳、自信與愛的力量。

“Woman in Bloom” symbolizes the unique life force of women. Inspired by the wisdom of Virtuous Women, this journey begins with cultivating virtue and inner grace, gently nourishing the heart, and allowing happiness to blossom in life.

Here, we explore the principles behind happiness, rediscover our true worth and light, and live with confidence, love, and a natural, radiant presence.

超級富有交流會

Abundance Elite Workshop

以《源來，富有可以很簡單》一書為起點，學會讓「富足」成為一種可練習、能複製的能力。

在深入交流中掌握致富思維、行動策略與突破關鍵，讓每一次選擇都推動你邁向更高維度的成功。

這裡，是你啟動全方位富有、打造人生高光時刻的最佳場域。

Beginning with the book Abundance Is So Simple, you will learn how abundance becomes a skill that can be practiced and replicated.

Through in-depth dialogue, you gain wealth-conscious thinking, actionable strategies, and key breakthroughs that turn every choice into forward momentum toward higher levels of success.

This is where you activate all-around abundance and create the defining moments of your life.

音樂饗宴

GLOBAL MUSIC CONCERT

正能量音樂，是最溫柔也最有力量的療癒。

在旋律與祝福中，你會感受到心開始放鬆、情緒變得更加柔軟，也更靠近平靜與喜悅。

這不只是一場演出，而是一趟能量覺醒的旅程，讓音樂陪你釋放壓力、找回力量，重新看見希望。

Positive-energy music is one of the gentlest and most powerful forms of healing.

Within every melody and blessing, your heart begins to relax, your emotions soften, and you move closer to peace and joy.

This is more than a performance—it is a journey of awakening, where music helps you release stress, reclaim your strength, and rediscover hope.



實踐研討

PRACTICE WORKSHOP

真正的改變，不是靠道理，而是靠實踐。

透過研討與分享，你會在互相支持與交流中，看見問題的根源，也找到改變的方法。

這是一個陪伴與學習的場域，讓你在每一次對話與反思中，都更靠近更好的自己。

Real change doesn't come from theory—it comes from practice.

Through workshops and sharing, you learn in an environment of mutual support and exchange, where you begin to see the roots of your challenges and discover ways to transform them.

This is a space for learning and companionship, where every conversation and moment of reflection brings you closer to a better version of yourself.





關於天圓文化 WHO WE ARE

我們相信，每個人都曾迷路、受傷、困惑，渴望一道能帶自己走出困境的光。天圓文化創立於美國，沒有宗教背景，致力於陪伴更多人重新找回力量與希望。

透過超級生命密碼系統，在生活中實踐「愛與感恩」，讓心變得柔軟踏實，能看見人生方向。無論你正面對什麼，這裡都有方法及夥伴與你同行——因為你值得幸福，也從不曾孤單。

We believe that everyone has experienced moments of feeling lost, hurt, or confused, and has longed for a light to guide them out of difficulty. Founded in the United States, Richest Life has no religious affiliation and is dedicated to supporting people as they rediscover strength and hope.

Through the Super Life Secret Codes system, we bring the practice of love and gratitude into everyday life, helping the heart become grounded and gentle, and enabling clarity and direction to emerge. Whatever you may be facing, there are always methods and companions here to walk with you, because you deserve happiness, and you are never alone.

願景 VISION

我們相信，每個人都值得擁有情緒安穩、家庭和諧、心靈健康與人生方向。當「愛與感恩」落實在生活中，幸福就能成為一種自然的狀態，一個人改變，也能讓世界變得更美好。

We believe that everyone deserves emotional stability, harmonious relationships, spiritual well-being, and a clear direction in life. When “love and gratitude” are practiced in everyday living, happiness becomes a natural state, and one person’s change can make the world a better place.

我們的使命不只是改變人生，而是讓愛成為世界的循環。為了實現這份願景，天圓文化透過一套人人都能學習與實踐的超級生命密碼系統，將「愛與感恩」落實在生活中，帶來看得見的正向改變。

Our mission goes beyond transforming individual lives. It is to allow love to become a living cycle in the world. To bring this vision to life, Richest Life offers the Super Life Secret Codes system, a practical approach that anyone can learn and apply. By integrating love and gratitude into daily life, positive change can be genuinely felt and clearly seen.

使命 MISSION

陪伴更多人找回力量與希望。透過超級生命密碼系統，用明確的方法與可實踐的工具，幫助人們改善情緒、關係與生活品質，在日常中落實成長與轉化，活出更自在圓滿的人生。

To accompany more people in rediscovering strength and hope. Through the Super Life Secret Codes system, we offer clear methods and practical tools that help improve emotions, relationships, and quality of life—bringing growth and transformation into everyday living, and empowering people to live with greater ease and fulfillment.

創始人 太陽盛德導師

自2010年起，太陽盛德導師出版中英文著作逾70本，讀者遍及全球，無數人透過其理念與實修方法轉變生命、迎向更豐盛的人生。導師同時享有「音樂卡內基」美譽，擅長詞曲創作，已累積超過170首作品，深受各地聽眾喜愛。其著作與音樂作品皆以提升能量為核心，為全球學員帶來持續正向影響。

作為全球超級生命密碼系統精神導師及天圓文化創辦人，導師以「愛與感恩」為核心，倡導修身立德，協助大眾在身、心、靈取得平衡與和諧。其引導方式深入淺出、重視可操作與可驗證，讓不同文化背景的學員都能在短時間內獲得明顯成效。導師於2021、2022、2023年連續被提名諾貝爾和平獎，並榮獲美洲華人楷模獎，肯定其在倡導、人文與公益領域的貢獻。

十多年來，導師於臺灣、美國、馬來西亞、新加坡、香港等地舉辦近千場講座，場場爆滿，深受熱烈迴響，持續帶動全球正能量學習風潮，使更多人得以建立起正向人生。



ABOUT THE AUTHOR MASTER TED SUN

Since 2010, Master Ted Sun has published more than 70 books in both Chinese and English, reaching readers around the world. Countless individuals have transformed their lives and embraced greater abundance through his teachings and practical methods. Renowned as the “Carnegie of Music,” he is an accomplished songwriter with over 170 original compositions, widely loved by audiences worldwide. His writings and music are all centered on elevating positive energy, continuously inspiring learners across the globe.

As the spiritual mentor of the global Super Life Secret Codes system and the founder of Richest Life, Master Ted Sun emphasizes “love and gratitude” as the core of his teachings. He advocates self-cultivation and virtue, guiding individuals toward harmony and balance in mind, body, and soul. His teaching style is accessible, practical, and verifiable, enabling people from diverse cultural backgrounds to experience noticeable results in a short period of time. Master Ted Sun was nominated for the Nobel Peace Prize in 2021, 2022, and 2023, and received the Outstanding Chinese in the Americas Award in recognition of his contributions to education, culture, and public welfare.

Over the past decade, he has conducted nearly a thousand lectures across Taiwan, the United States, Malaysia, Singapore, Hong Kong, and other regions. His events consistently draw full audiences and enthusiastic responses, continually inspiring a global movement of positive energy and helping more people establish a brighter and more constructive direction in life.

太陽盛德導師個人傳記

MASTER TED SUN BIOGRAPHY

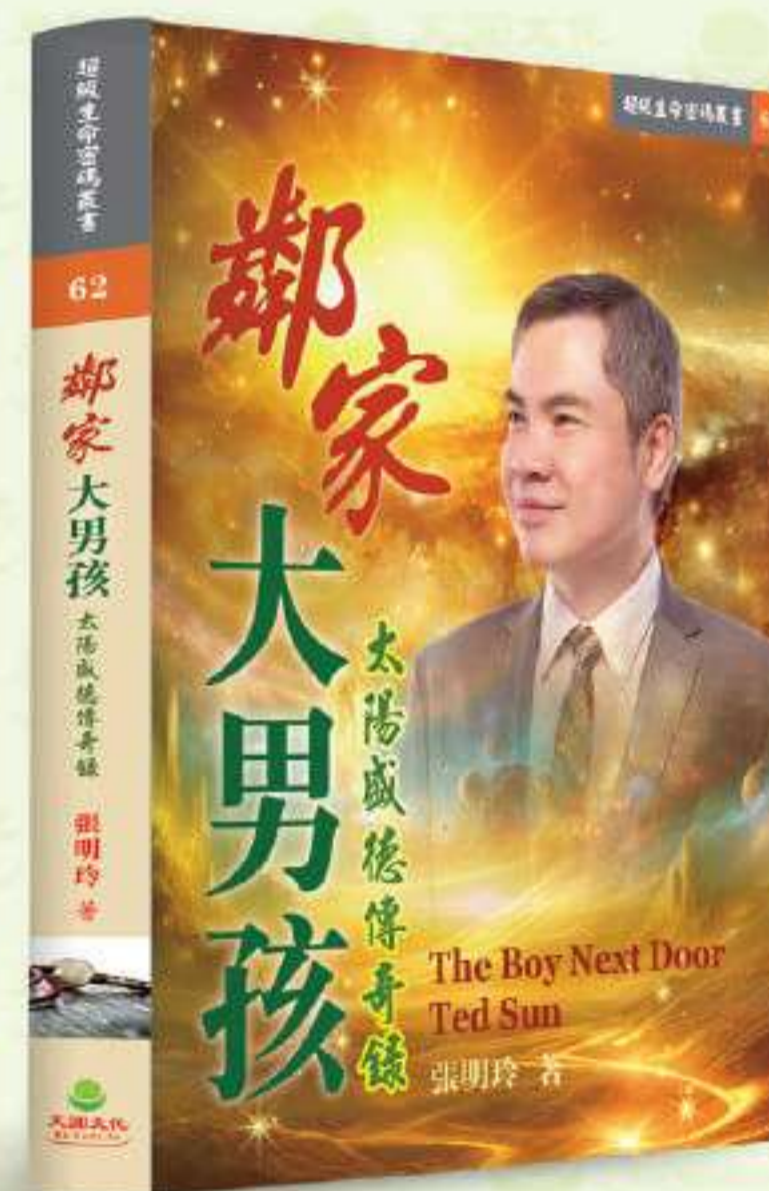
《鄰家大男孩：太陽盛德傳奇錄》

The Boy Next Door: Master Ted Sun

本書以溫暖而真摯的筆觸，完整記錄太陽盛德導師從一位平凡鄰家男孩，走向國際舞臺的心靈成長歷程。書中首度公開導師數張珍藏多年的私人照片，真實重現他在生活起伏與命運轉折中的歷練與覺醒。

從年少的探索、內在的啟蒙，到成為備受尊崇的身心靈導師與諾貝爾和平獎候選人，這是一段關於「自我超越」與「靈性實踐」的旅程。透過導師的成長故事，讀者得以看見一位智者如何以「愛與感恩」為核心信念，將生命的試煉化為慈悲的力量，進而啟迪無數人心。

全書由天圓文化總編輯親筆撰寫，以長期跟隨、細膩觀察為基礎，梳理導師人格養成的關鍵階段與心靈證悟的艱辛歷程。這不僅是一部個人傳記，更是一部靈性啟發的書籍——引領人們在現今紛擾的紅塵中，重新找回內在的平靜與光明。



本書影片介紹：



https://youtu.be/tRck_YhQVJQ

MASTER TED SUN BIOGRAPHY

The Boy Next Door: Master Ted Sun

Written with warmth and sincerity, this book traces the remarkable journey of Master Ted Sun, from an ordinary boy next door to an internationally respected spiritual mentor. For the first time, it reveals a selection of treasured photographs from Master Sun's personal collection, offering an intimate look into the moments of growth, reflection, and awakening that shaped his life.

From youthful exploration and inner awakening to becoming a highly regarded teacher of mind, body, and soul and a three-time Nobel Peace Prize nominee, this is a story of self-transcendence and spiritual realization. Through Master Sun's experiences, readers see how a wise teacher turns life's challenges into compassion and light, guided by his enduring belief in love and gratitude.

Written by the Editor in Chief of Richest Life, who has followed Master Sun's path for many years, this book captures the defining stages of his personal growth and spiritual insight. It is more than a biography, it is an inspiring guide that helps readers rediscover peace and light within themselves amid the fast pace of modern life.



Video Introduction to This Book:



https://youtu.be/tRck_YhQVJQ

獎項與殊榮

AWARDS & RECOGNITION



2021~2023 連續三年被提名「諾貝爾和平獎」

Nominated for the Nobel Peace Prize from 2021 to 2023

太陽盛德導師推廣「愛與感恩」達成世界和平的理念之成就在世界上得到認可。太陽盛德導師提出以正能量協助憂鬱症患者獲得改善的觀點，連續三年被提名「諾貝爾和平獎」，並獲得美國國會議員Susie Lee、美國國會議員Ted Lieu、內華達州前州長Steve Sisolak及內華達州議員Rochelle T. Nguyen等頒發榮譽獎狀，恭賀讚賞太陽盛德導師的成就。



In 2010, Master Ted Sun wrote his first book, Super Life Secret Codes, a life manual that reveal the secret codes, through Love and Gratitude, to manage personal energy in order to create a super extraordinary life. This book has become a global sensation and transformed people's lives all over the world.

Master Ted Sun's book, Say No to Depression, is a breakthrough in mental health and has been recognized and endorsed by Western and Chinese doctors to help people overcome chronic depression, anxiety, insomnia, and other mental health problems. He was awarded honorary certificates by U.S. Congresswoman Susie Lee, U.S. Congressman Ted Lieu, former Nevada Governor Steve Sisolak, and Nevada Assemblywoman Rochelle T. Nguyen, all of whom congratulated and complimented Master Ted Sun for his noble achievements.



內華達州參議員 Rochelle Nguyen 頒發榮譽獎狀
祝賀太陽盛德導師獲得2023年諾貝爾和平獎提名

Nevada State Senator Rochelle Nguyen presents an honorary Certificate of Appreciation to Master Ted Sun for the 2023 Nobel Peace Prize nomination.



美國眾議員 Susie Lee 頒發榮譽獎狀祝賀太陽盛德
導師獲得2023年諾貝爾和平獎提名

U.S. Congresswoman Susie Lee presents an honorary Certificate of Special Recognition to Master Ted Sun for the 2023 Nobel Peace Prize nomination.





內華達州州長 Steve Sisolak 頒發榮譽獎狀祝賀太陽盛德導師獲得2022年諾貝爾和平獎提名

Governor of Nevada State Steve Sisolak presents an honorary Certificate of Recognition to Master Ted Sun for the 2022 Nobel Peace Prize nomination.



內華達州參議員 Rochelle Nguyen 頒發榮譽獎狀祝賀太陽盛德導師獲得2022年諾貝爾和平獎提名

Nevada State Assemblywoman Rochelle Nguyen presents a Certificate of Appreciation to Master Ted Sun for the 2022 Nobel Peace Prize nomination.



內華達州參議員 Rochelle Nguyen 頒發榮譽獎狀祝賀太陽盛德導師獲得2021年諾貝爾和平獎提名

Nevada State Assemblywoman Rochelle Nguyen presents a Certificate of Appreciation to Master Ted Sun for the 2021 Nobel Peace Prize nomination.



里程碑 MILESTONE



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英國 UK
加拿大 CANADA
臺灣 TAIWAN
香港 HONGKONG
馬來西亞 MALAYSIA
新加坡 SINGAPORE
中國 CHINA
澳洲 AUSTRALIA
泰國 THAILAND
澳門 MACAU
南非 SOUTH AFRICA

- 2012年
美國天圓文化總部成立
Richest Life USA Headquarters Established
- 2015年
臺灣天圓文化總部成立
Richest Life Taiwan Headquarters Established
- 2016年
馬來西亞天圓文化總部成立
Richest Life Malaysia Headquarters Established
- 2020年
新加坡天圓文化總部成立
Richest Life Singapore Headquarters Established
- 2021年
全球各中心陸續成立
Richest Life Centers Established Across the World

天圓文化全球光之源據點

RICHEST LIFE GLOBAL LIGHT CENTERS



- | | | | |
|------|---------|--------------|------|
| 台北 | 馬來西亞檳城 | 美國 LA | 香港觀塘 |
| 台中 | 馬來西亞吉隆坡 | 美國Las Vegas | 香港葵芳 |
| 彰化 | 新加坡 | 美國SFO | 北京 |
| 高雄 | 南非 | 美國TX | 上海 |
| 台北藝術 | 澳門 | 加拿大Vancouver | 深圳 |
| 彰化藝術 | 英國倫敦 | 澳洲 | 廣州 |

媒體報導 MEDIA COVERAGE

太陽盛德導師為國際著名身心靈導師，曾多次親身接受臺灣、新馬各大媒體專訪，其中不乏廣播電臺、電視臺及報章雜誌等，致力傳揚正向思維，散播「愛與感恩」的理念與價值觀。

Master Ted Sun, a world-leading expert in energy management and a renowned speaker on mind, body, and soul wellness, has been featured in major media outlets across Taiwan, Singapore, and Malaysia, including radio, television, newspapers, and magazines. In these interviews, Master Sun shared inspiring insights on positive thinking and personal growth, emphasizing the virtues and values of love and gratitude.



娛樂) 最新消息

太陽盛德傳遞單純的快樂 許景淳將獻唱

2018/12/08 06:00



太陽盛德靠音樂療鬱結合文字，為憂鬱症患者找到出口。
(記者胡愛翔攝)

〔記者林政平／台北報導〕華裔美國人太陽盛德有「音樂卡內基」封號，8年前出版的書籍《超級生命密碼》，在全球創下百萬本的銷售量，新書《向憂鬱說NO》，以音樂療鬱結合文字，為憂鬱症找到出口，獲廣大迴響。他說：「這不是心靈音樂，我的創作來自當下，純粹的靈感透過簡單的音符傳遞單純的快樂！」

提到音樂創作，太陽盛德笑說讀書時最怕上的就是音樂課，直到遇到生命導師，才開始對人生有了新的領悟，曾經5分鐘就創作1首歌，創作元素一定包含愛與感恩，希望灌注愛的正向能量音樂創作，能融化受傷的心靈。

天圓志工 GLOBAL VOLUNTEER TEAM

「天圓志願者」是一群以服務社會、傳遞正向價值為使命的志工，致力於推動關懷、和平與共好，協助更多人精進成長，活出圓滿的幸福人生。

The Global Volunteer Team from Richest Life is a group of dedicated individuals who serve with compassion and purpose. They are committed to spreading positive values, supporting communities, and empowering others to live fulfilling and meaningful lives.



當人心歸圓，天地自和；當使命啟動，收圓自成。

When the heart aligns, Heaven and Earth harmonize;
when the mission arises, all is complete.

「日月已經開始在執行天地的聖務，在地球道場完成為天收圓的使命。」這句話揭示了天圓志工協助天地收圓的核心精神——順天應時，承天行化，讓每一份接引行動、每一次心靈共振，皆成為宇宙聖務的一部分。



“The sun and moon have begun carrying out the Universe’s sacred mission on Earth.” This statement reflects the core spirit of the Richest Life Global Volunteer Team, aligning with the will of the Universe and carrying out its divine work through every act of service and heartfelt resonance.

公益實踐紀錄

LOVE IN ACTION

讓「愛與感恩」走進世界的每一個角落

Let love and gratitude reach every corner of the world.

救護車暨消防車捐贈計畫

Ambulance and Fire Truck Donation Program

年份 | 2024起持續進行

地點 | 臺灣、馬來西亞及其他需要的地區

成果 | 捐贈救護與消防車輛予地方單位，提升緊急醫療與救援能量，讓關鍵時刻多一分即時的守護，為生命爭取更多希望。

Year | Ongoing since 2024

Locations | Taiwan, Malaysia, and other regions in need

Impact | Donate ambulances and fire trucks to local agencies to strengthen emergency medical response and rescue services. Ensure faster response during critical moments and bring greater hope in saving lives.



愛心捐血公益行動

Blood Donation Initiative

年份 | 歷年持續進行

地點 | 從臺灣發起

成果 | 一次次捐血行動，串起無數陌生人的善意，
讓「願意付出」成為生活中自然發生的溫暖選擇。

Year | Ongoing

Location | Initiated in Taiwan

Impact | Each blood donation event brings people together through simple acts of kindness. By encouraging the willingness to give, these events make compassion a natural and heartwarming part of everyday life.



社區健康與幸福關懷

Community Health & Well-Being Care Program

年份 | 2023起持續進行

地點 | 臺灣、海外據點

成果 | 透過健康推廣與正能量活動，陪伴人們照顧身心，
讓幸福慢慢回到生活，成為日常的一部分。

Year | Ongoing since 2023

Locations | Taiwan and overseas centers

Impact | Support community well-being through health education and positive-energy activities. Encourage care for both body and mind, helping well-being return naturally to daily life.



國際線上公益交流與共修

Global Online Workshop & Group Practice

年份 | 長期進行

地點 | 全球線上

成果 | 透過跨國交流與共修，讓善意跨越距離，成為支持彼此前行的力量。

Year | Ongoing

Location | Online worldwide

Impact | Connect people across the world through interactive workshops and group practice. Cultivate shared good by turning kindness into a collective force that transcends distance and supports personal growth and forward movement.



天圓志工行動

Richest Life Volunteer Service Initiative

年份 | 長期投入

地點 | 全球光之源據點

成果 | 一群願意付出的人，走進社區、走進世界，把「愛與感恩」化為實際行動，讓善行持續流動。

Year | Long-term commitment

Locations | Global Richest Life Centers

Impact | Engage dedicated volunteers in community outreach worldwide. Put love and gratitude into action through ongoing service, creating lasting positive impact across the world.

天圓文化相信，當一顆心真正被滋養，它會自然想把光帶給世界；
每一項公益行動，都是「愛與感恩」在生活中靜靜發生的力量。

Richest Life believes that when the heart is truly nourished, it naturally seeks to bring light to the world.
Every meaningful action becomes an expression of love and gratitude in everyday life.

翻轉人生，就從掃描 QR 開始

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改變從來不是偶然，它始於一個決定；而下一個翻轉人生的人，很可能就是你。

CHANGE IS NEVER AN ACCIDENT—IT BEGINS WITH A DECISION.

AND THE NEXT PERSON TO TRANSFORM THEIR LIFE COULD VERY WELL BE YOU.



若心再次有了回響，願這份訊息帶你與我們相遇。

If this message resonates with your heart, we hope it leads you to us.

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以勇氣啟程，以希望前行。

當人生停在原地，你需要的不是更多道理，
而是一條真正能帶你走出去的路。

《翻轉人生 就從這裡啟程》

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它陪伴無數人重新啟動人生、找回力量與方向。

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從此刻開始，你就能為自己作出新的選擇。

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**BEGIN WITH COURAGE,
AND MOVE FORWARD WITH HOPE.**

When life comes to a standstill, what you need isn't more advice,
but a path that truly leads you forward.

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opens a new possibility for breaking through your challenges.

It has helped countless people restart their lives
and rediscover strength and direction.

You don't have to be ready, and you don't need the perfect moment.
From this very moment, you can choose a new beginning for yourself.

**START YOUR TRANSFORMATION
RIGHT HERE.**

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